



## **Lipid Nephrotoxicity in diabetes: ‘Fatty Kidney’**

**Xiong Z. Ruan MD PhD**

Renal-oriented Lipid Research Network

UCL Centre for Nephrology

SZU Centre for Nephrology

CQMU Centre for Lipid Research



## Obesity epidemic is worldwide

Press release July 11, 2013

- UN Food and Agriculture Org (FAO) announces that adult obesity in Mexico (32.8%) has surpassed U.S. (31.8%)
  - 28% ages 5-9
  - 38% ages 10-19
- Egypt 34.6%
- Kuwait 42.8%
- Micronesia Nauru 71.1%
- **China 22.8%**



中国糖尿病患病率情况



## Impact of obesity on renal?

### The parallel epidemics of obesity and chronic kidney disease

- A longitudinal cohort study of >8 million person-years of follow-up: BMI is an independent risk factor for ESRD after adjustment for traditional risk factors, including (but not limited to) age, sex, blood pressure, diabetes, and dyslipidemia.
  - BMI 25-30 kg/m<sup>2</sup> a relative risk of 1.9 for ESRD
  - BMI ≥ 40 kg/m<sup>2</sup>: 7.1 for ESRD

Ann Intern Med 2006;144(1):21-28  
 USRDS 2012 Annual Data Report  
 Am J Kidney Dis 2009;54(4):638-646.

- A BMI ≥ 25 kg/m<sup>2</sup> :an independent risk factor for progression of CKD in a follow-up of 162 cases of IgA nephropathy -

Am J Kidney Dis 2001;37(4):720-727

- Incidence of proteinuria and/or CKD in unilateral nephrectomy patients
  - BMI > 30 kg/m<sup>2</sup>: 92% developed proteinuria and/or CKD
  - BMI < 30 kg/m<sup>2</sup>.12%

Kidney Int 2000;58(5):2111-2118.



**Glomerulo-  
atherosclerosis**

**CKD**

**LIPID NEPHROTOXICITY IN CHRONIC  
PROGRESSIVE GLOMERULAR AND  
TUBULO-INTERSTITIAL DISEASE**

J. F. MOORHEAD  
M. EL-NAHAS

M. K. CHAN  
Z. VARGHESE

*Department of Nephrology and Transplantation,  
Royal Free Hospital, London NW3 2QG*

**Moorhead & Varghese et al  
Lancet 1982**

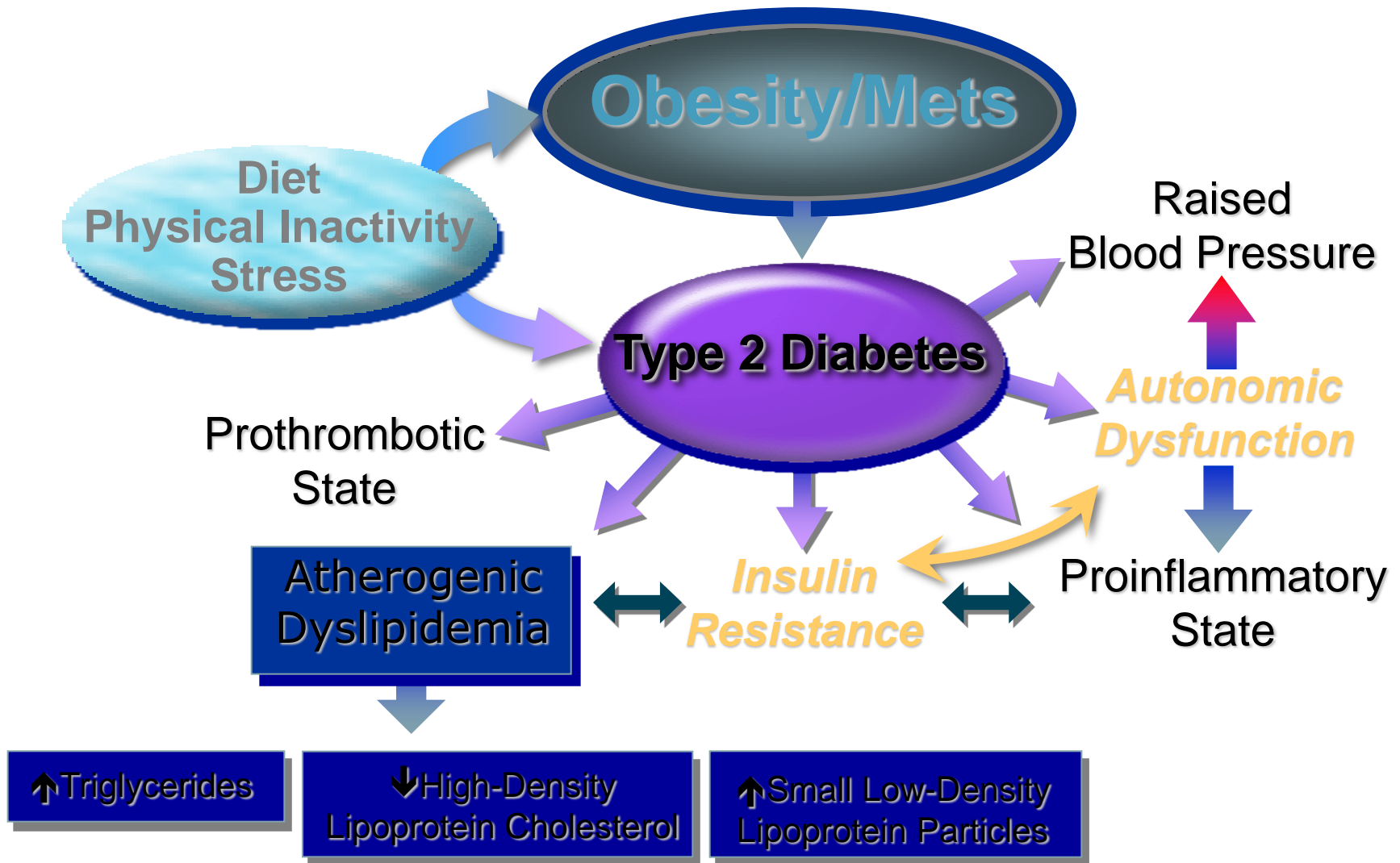
**Ruan et al  
Nature Rev Nephrol 2009**

**Aiko et al.  
Lancet  
Diabetes and  
Endocrinology  
2014**

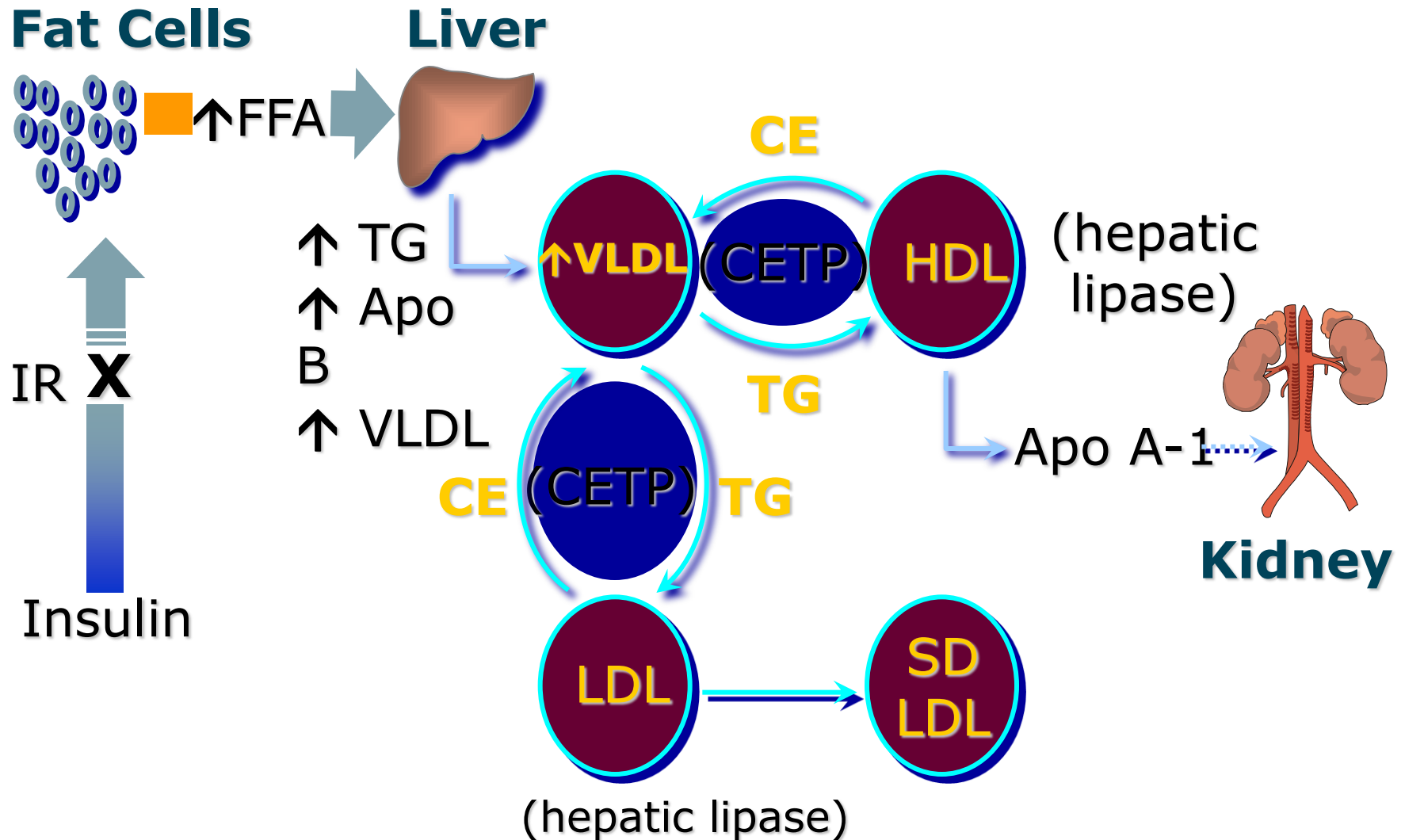
**Obesity/DM**

**VLDL/FFA** ↑ ↑  
**Small dense LDL** ↑  
**LDL** ↘  
**HDL** ↓

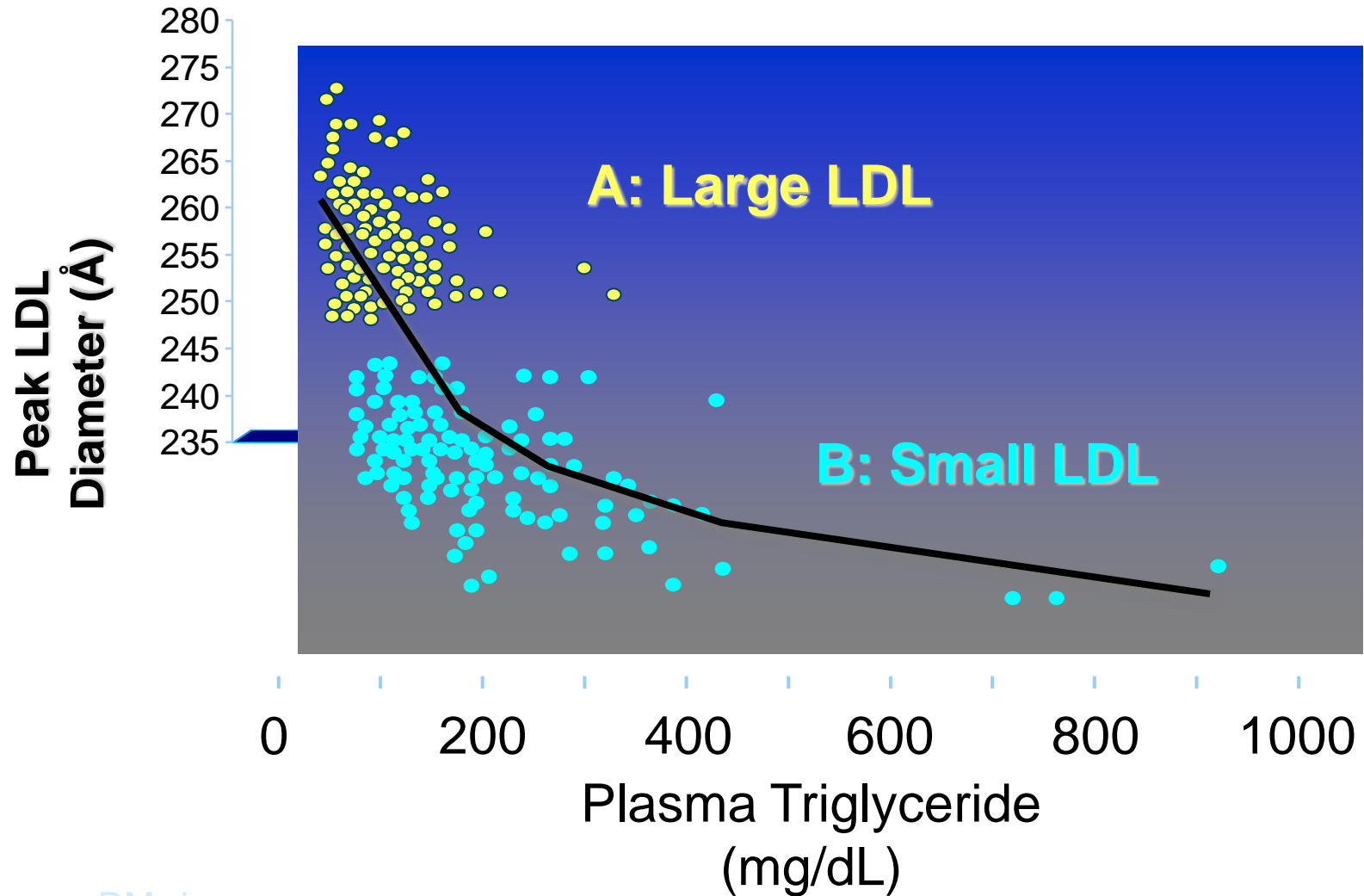
# Obesity and Metabolic Syndrome: A Cluster of Coronary Heart Disease Risk Factors



# Mechanisms Relating Insulin Resistance and Dyslipidemia



# Relationship of Plasma Triglyceride to Peak Diameter of Low-Density Lipoprotein (LDL)



# Low-Density Lipoprotein (LDL) Consists of Multiple Distinct Subclasses Differing in Size and Lipid Content\*

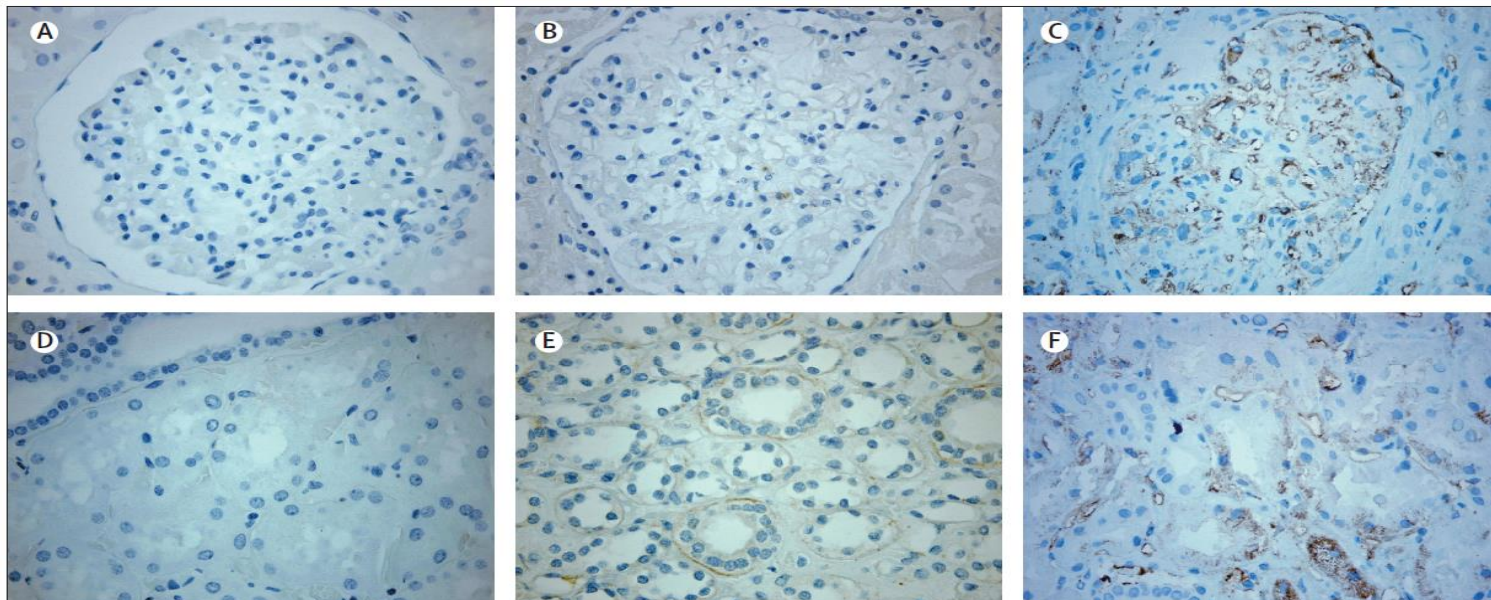
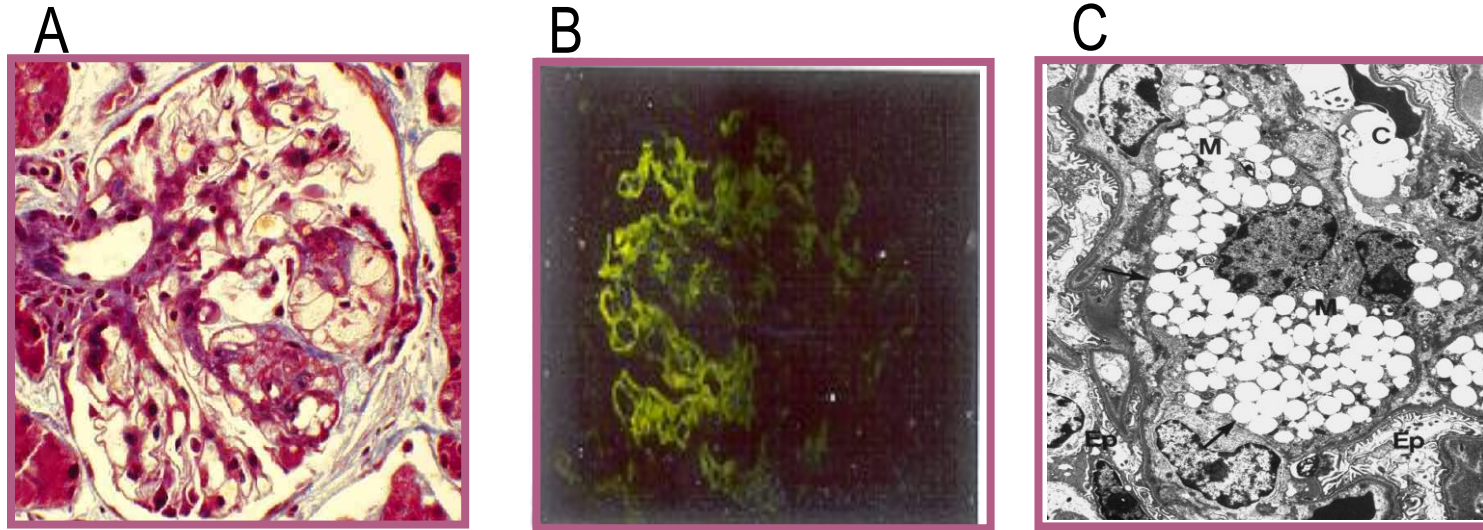
## Association with Cardiovascular Disease Risk



\* Distribution of subclasses is independent of LDL-cholesterol.



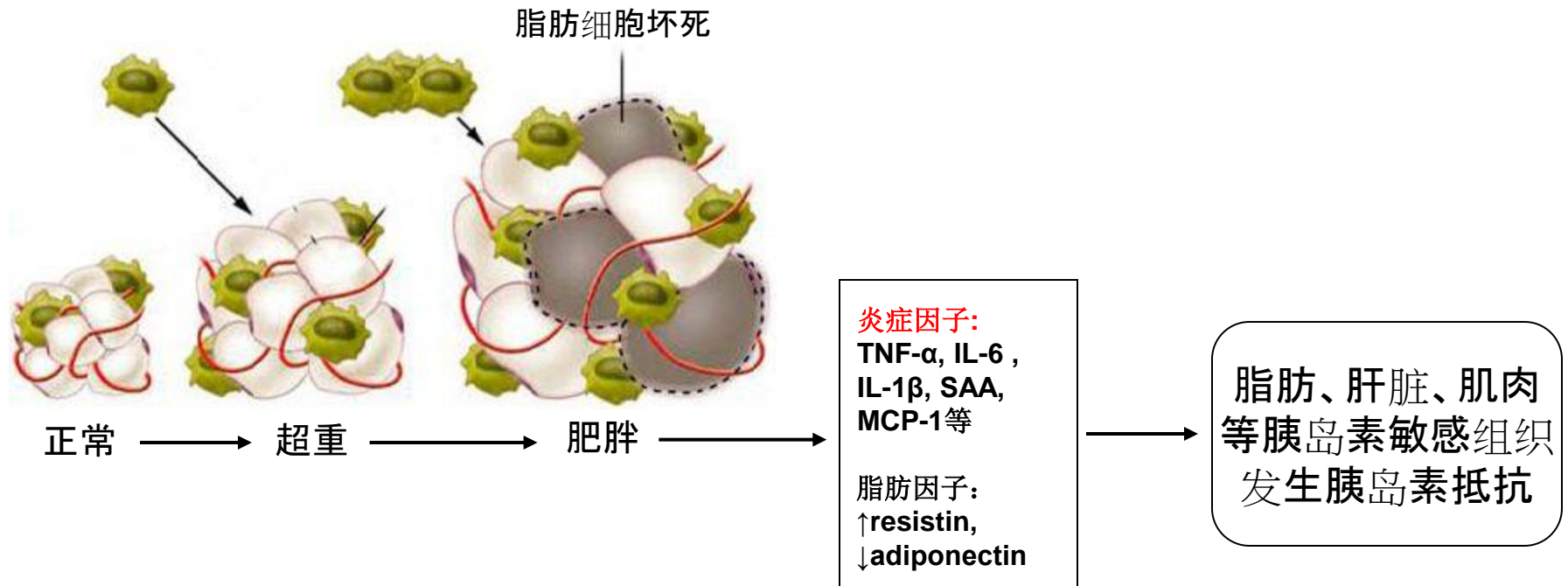
# Lipid nephrotoxicity: promise



**Figure 2: Adipophilin staining showing lipid droplets in kidney tissue of three patients**  
(A, D) Metabolically healthy obese patients (without metabolic syndrome); no lipid deposits are observed. (B, E) Metabolically unhealthy obese patient (with metabolic syndrome); lipid droplets observed in the glomeruli (B) and in the basal site of the tubular epithelial cells (E). (C, F) Type 2 diabetic nephropathy; massive deposits seen in the glomeruli (C) in visceral and parietal epithelial cells, and in the basal and apical site of the tubular cells (F). Magnification  $\times 400$ .

# 代谢性炎症 (Metaflammation) :

由摄入营养物质和代谢过剩触发的一种慢性低丰度炎症





**Glomerulo-  
atherosclerosis**

**CKD**

**LIPID NEPHROTOXICITY IN CHRONIC  
PROGRESSIVE GLOMERULAR AND  
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**Moorhead & Varghese et al  
Lancet 1982**

Aiko et al.  
**Lancet  
Diabetes and  
Endocrinology  
2014**

**Obesity/DM**

**VLDL/FFA**

**VLDL remnants**

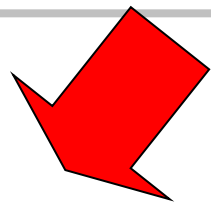
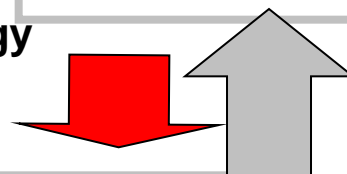
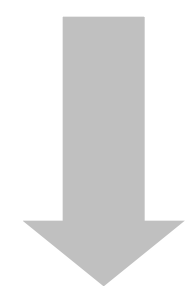
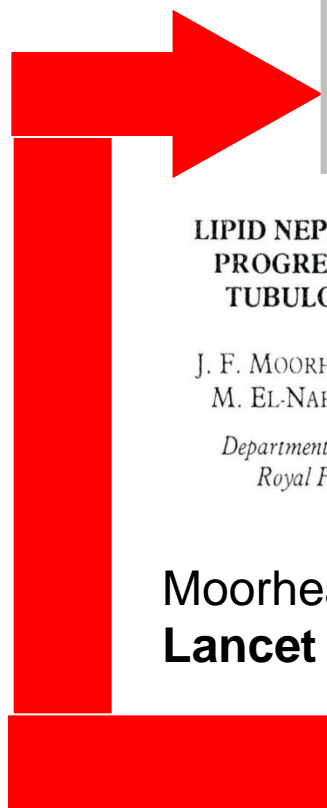
**Small dense LDL**

**HDL**

Ruan et al  
**Nature Rev Nephrol 2009**

Ma, et al **Hepatology 2009**

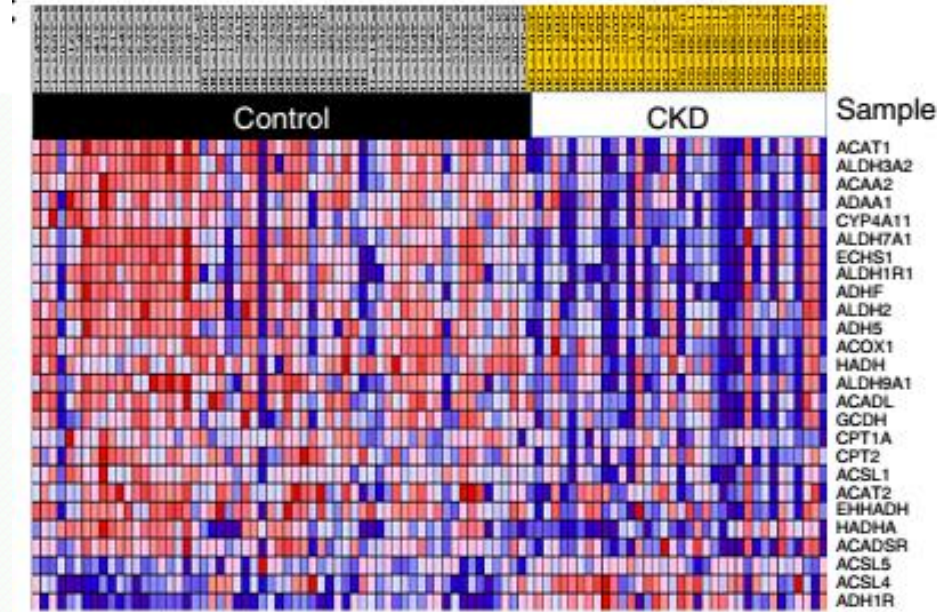
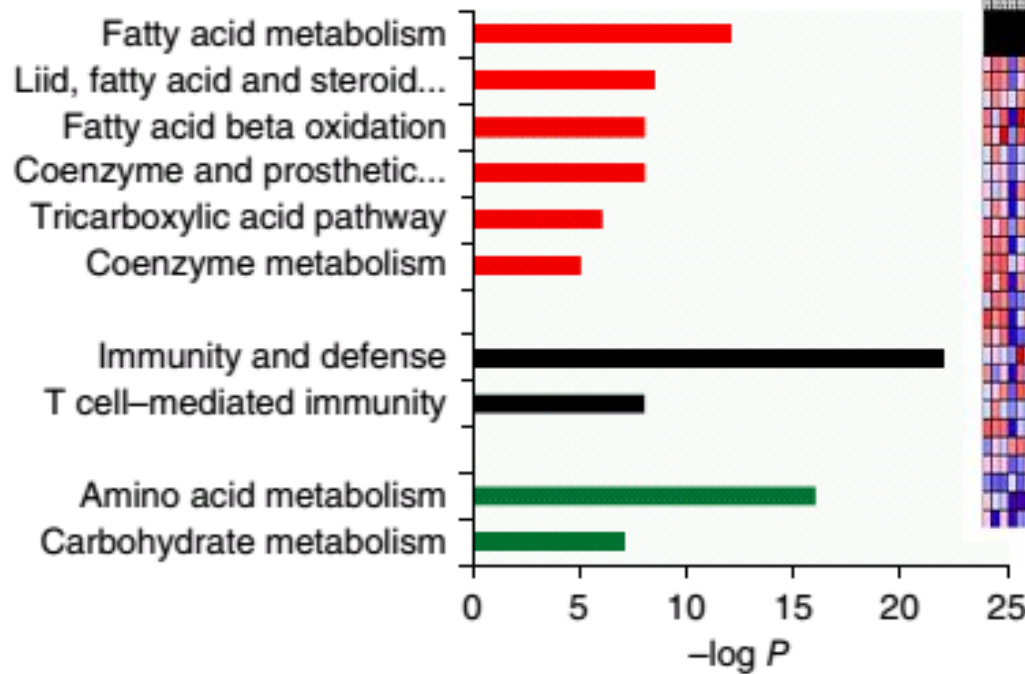
**Inflammation**





## genome-wide transcript-level

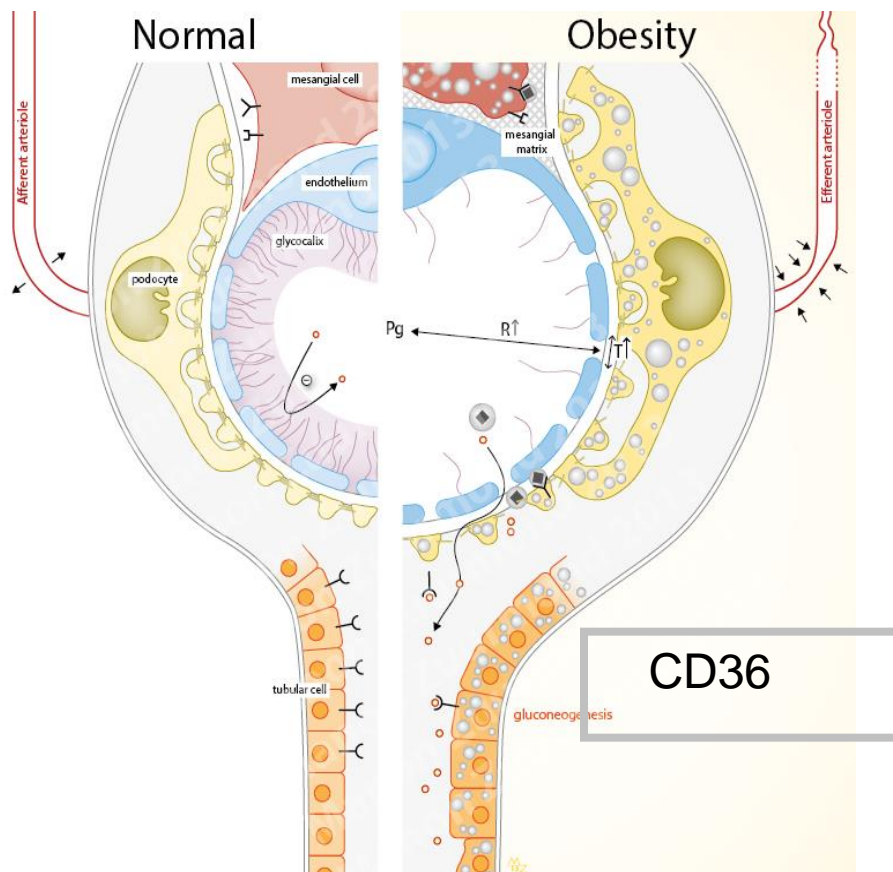
**a** Control versus CKD (2,497 probes)



2,497 transcripts, (n= 95) microdissected human kidney samples, diabetes- and hypertension-induced TIF are almost indistinguishable.

Kang HM, Nature Medicine 2014

# Lipid nephrotoxicity: mechanisms?



- albumin
- lipid droplet
- ◆ LDL
- Y megalin-cubulin receptor
- Y scavenger receptor (CD36)
- Y LDL receptor (LDLr)
- Pg pressure
- R radius
- T tension

## Fatty kidney: emerging role of ectopic lipid in obesity-related renal disease

Aiko P J de Vries, Piero Ruggenenti, Xiong Z Ruan, Manuel Praga, Josep M Cruzado, Ingeborg M Bajema, Vivette D D'Agati, Hilde Lamb, Drazhenka Pongrac Barlovic, Radovan Hajs, Manuela Abbate, Rosa Rodriguez, Carl Erik Mogensen, Esteban Porrini, for the ERA-EDTA Working Group Diabetes

The global increase in chronic kidney disease (CKD) parallels the obesity epidemic. Obesity conveys a gradual but independent risk of progression of CKD that seems irrespective of the underlying nephropathy. Obesity has been associated with a secondary focal segmental glomerulosclerosis coined obesity-related glomerulopathy (ORG). Pathways through which obesity might cause renal disease are not well understood, and early clinical biomarkers for incipient ORG or renal relevant obesity are currently lacking. Recent human and experimental studies have associated ectopic lipid accumulation in the kidney (fatty kidney) with obesity-related renal disease. There is enough growing insight that ectopic lipid—the accumulation of lipid in non-adipose tissue—is associated with structural and functional changes of mesangial cells, podocytes, and proximal tubular cells to propose the development of ORG as a maladaptive response to hyperfiltration and albuminuria. Recent advances in metabolic imaging might validate ectopic lipid as a biomarker and research aid, to help translate novel therapeutics from experimental models to patients.

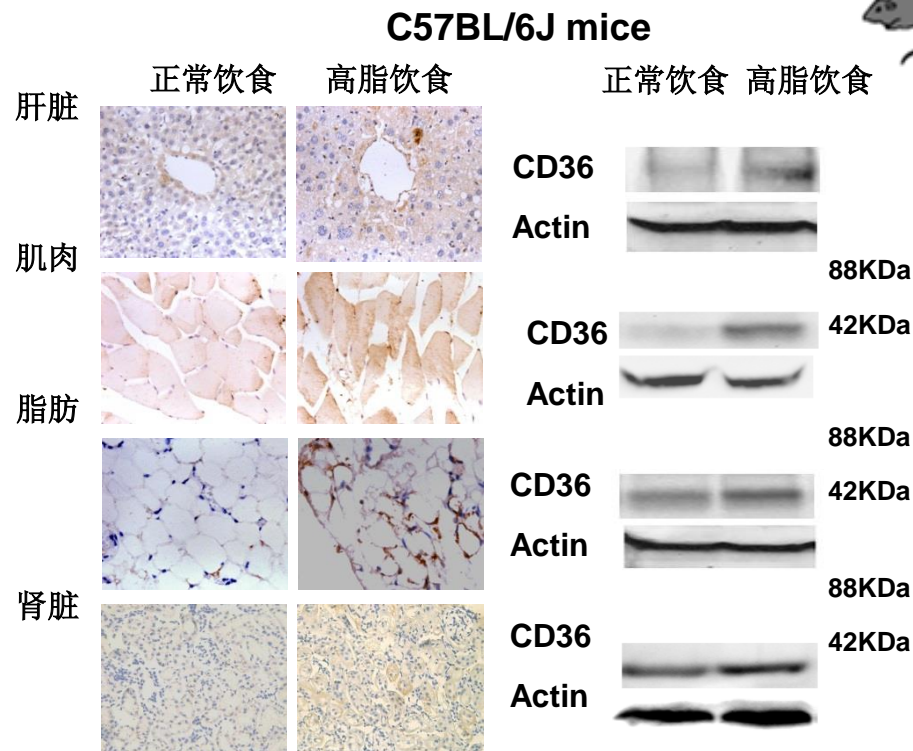
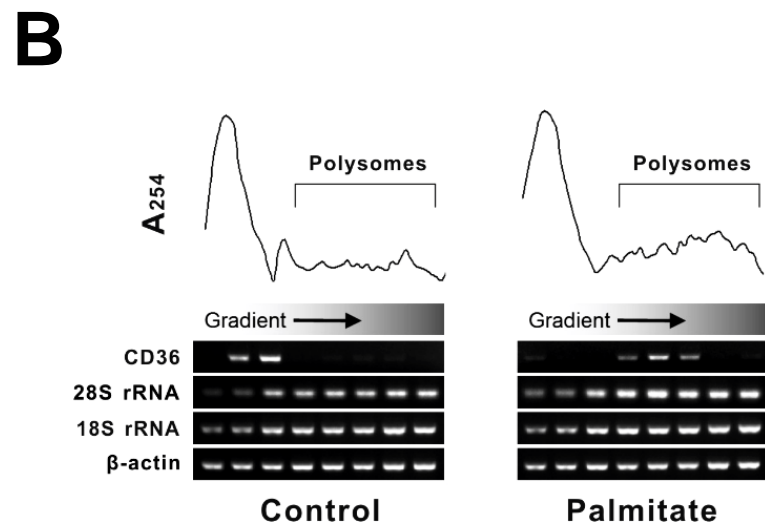
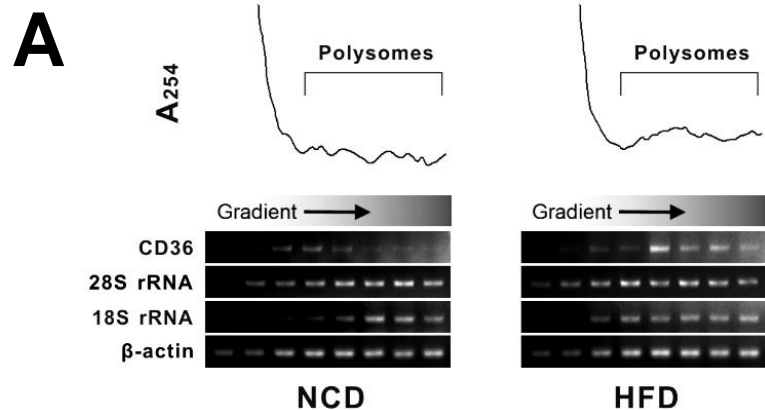


*Lancet Diabetes Endocrinol* 2014; 2: 412-26  
 Department of Nephrology (A.P.J. de Vries MD), Department of Pathology (M. Bajema MD), and Department of Radiology (H.J. Lamb MD), Leiden University Medical Center and Leiden University, Leiden, Netherlands; BCCS—Istituto di Ricerche Farmacologiche Mario Negri, Clinical Research Center for Rare Diseases, "Alma e Cele Dacoo",

# Fatty acid transporter CD36 and renal injury



## Effect of palmitate /HFD on CD36 translational efficiency and protein expression



Unpublished data

# Fatty acid transporter CD36 and renal injury



## Inducible expression of CD36 in kidney

Figure 3. Inflammation and Palmitic acid (PA) causes CD36 translocation from cytoplasm to the ER, accompanying a ER stress in HK2 cells

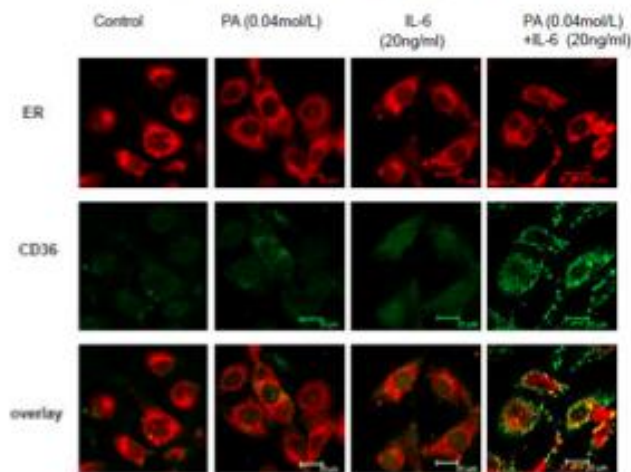


Figure 4. Inflammatory stress induced endoplasmic reticulum stress

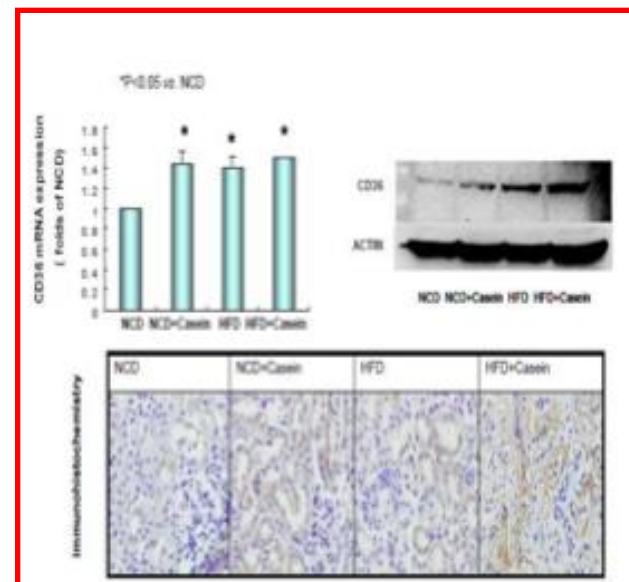
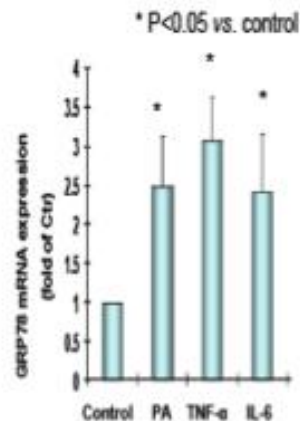


Figure 6. MIS induced by Casein injection and hyperlipidaemia enhances lipid accumulation which could be reduced by genetic deletion of scavenger receptors

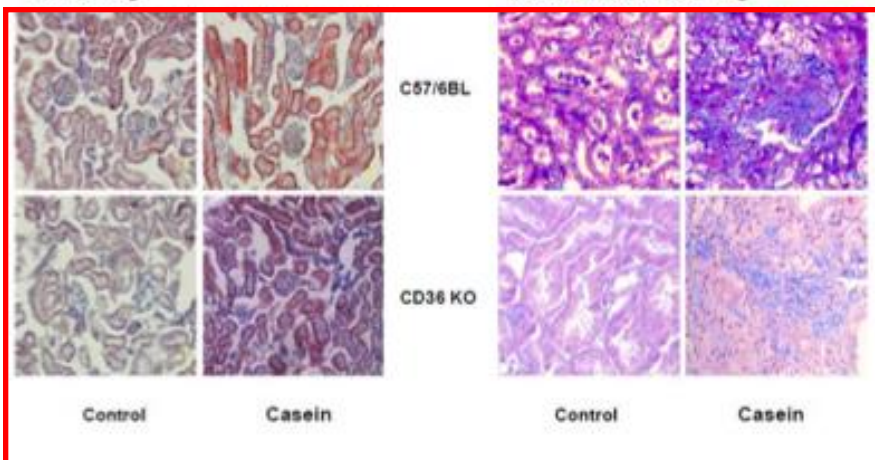
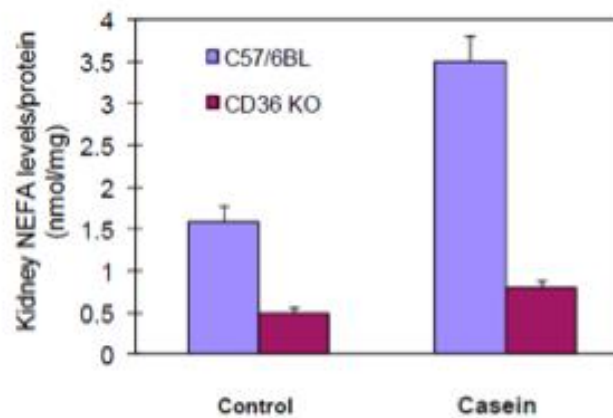
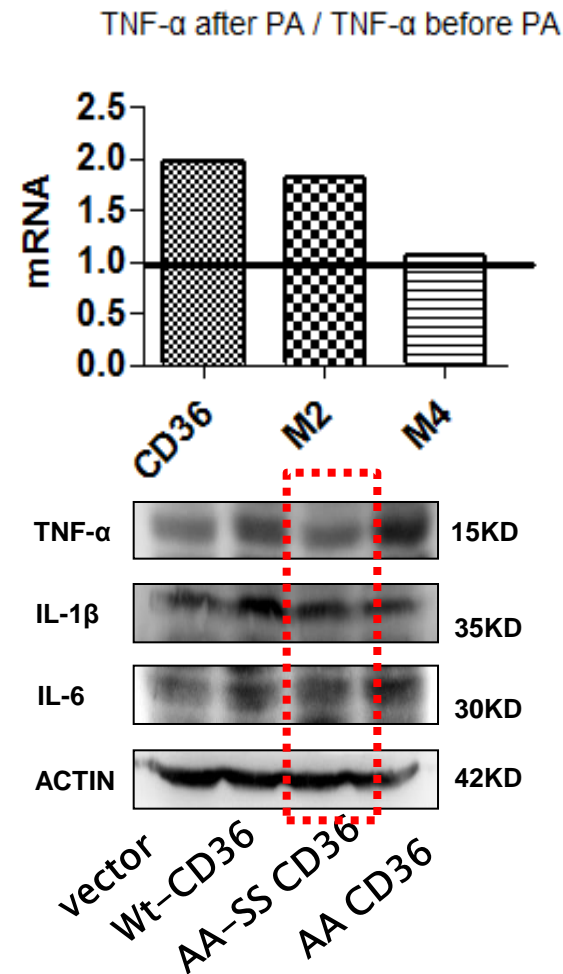
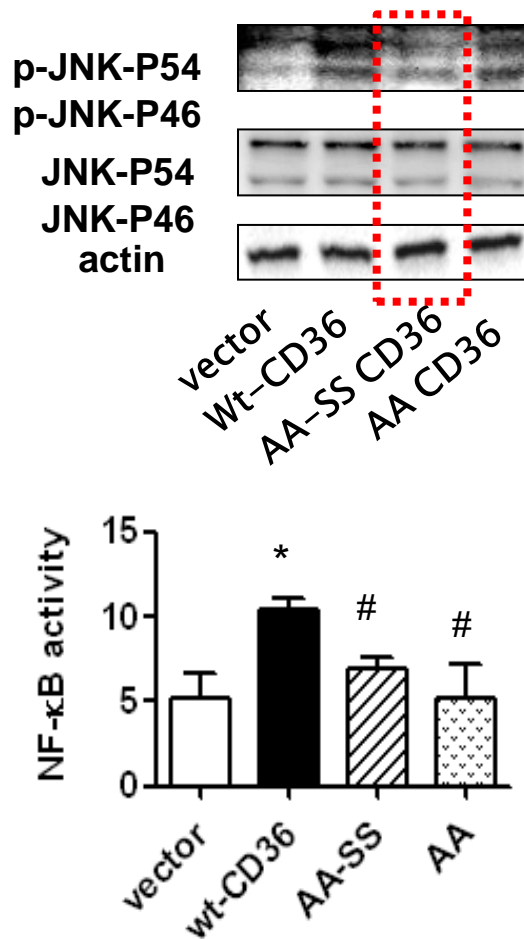
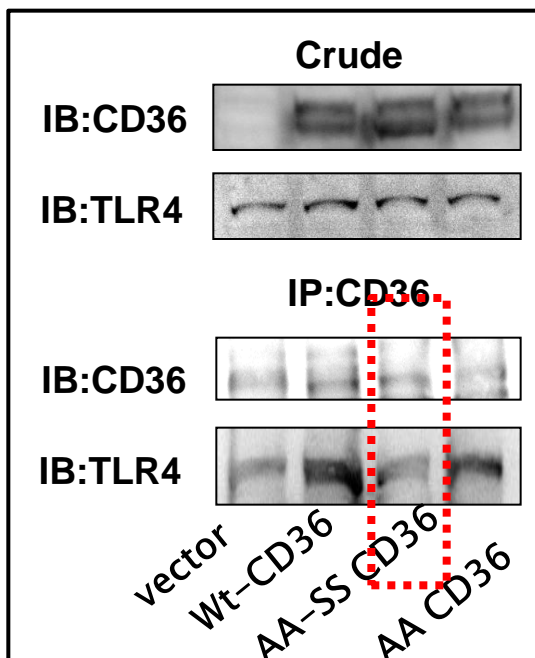


Figure 7. CD36 KO reduces kidney NEFA levels and also response to inflammatory stress





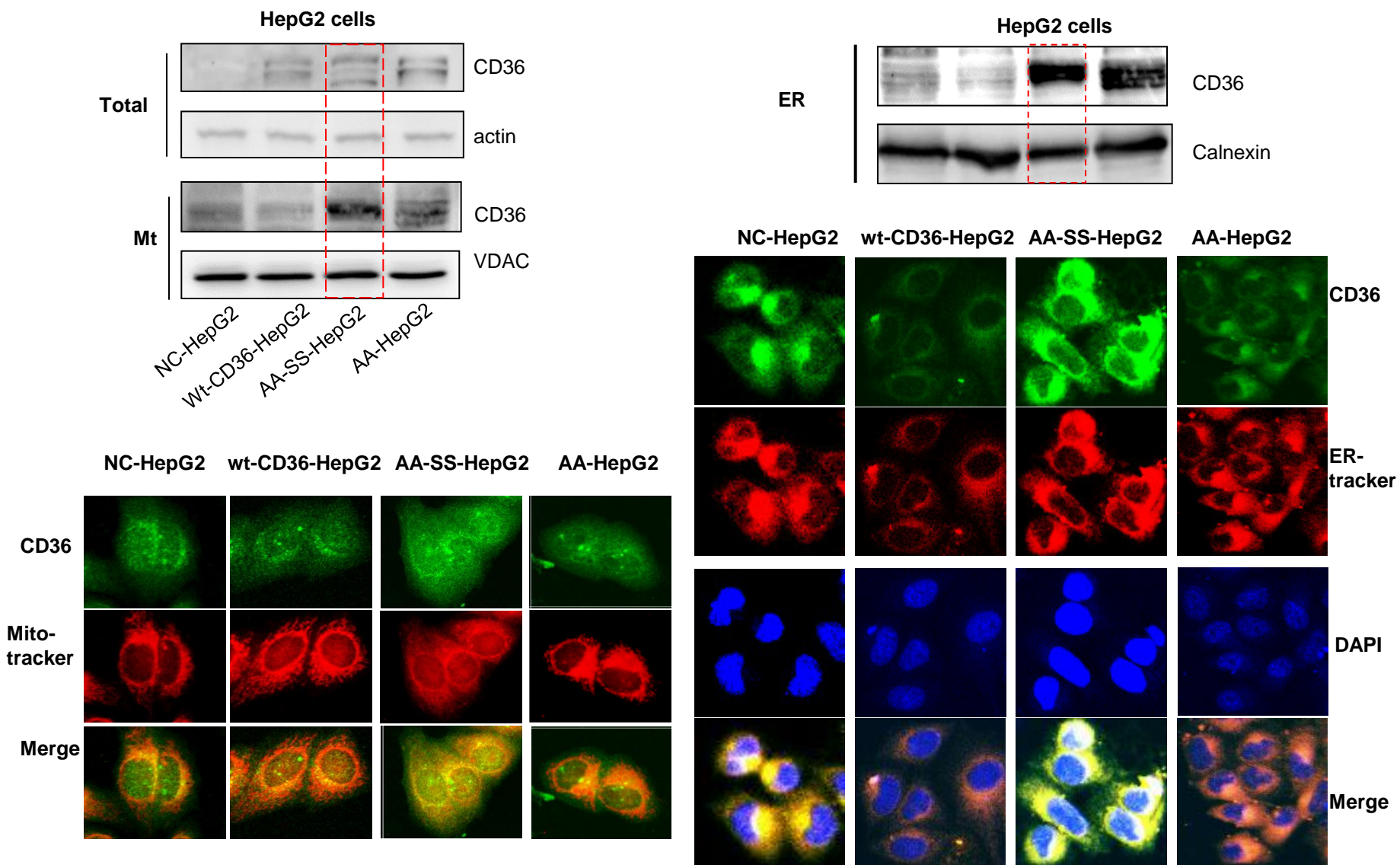
# Palmitoylation influence CD36/TLR4 dimers formation and JNK/NF-kappB inflammatory signaling pathway







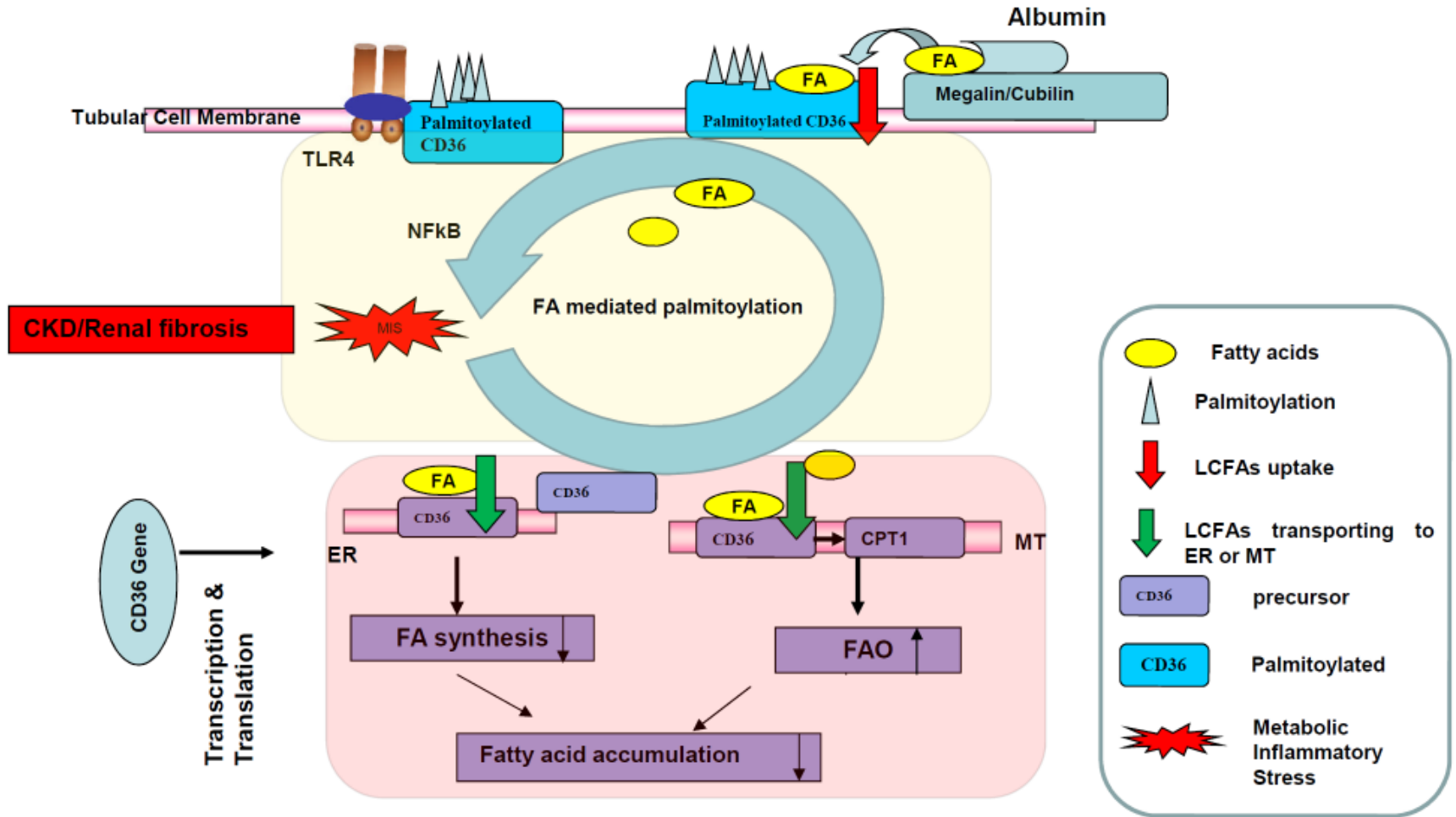
# The absence of palmitoylation regulates FAT/CD36 subcellular localization



# CD36 lipid redistribution/inflammation ?



Figure 1. Schematic diagram of the proposed hypothesis



# Key Original Findings: lipid redistribution



## Inflammatory stress causes cholesterol redistribution :

Lancet Diabetes and Endocrinology 2014  
Hepatology 48(3), 2008  
J Gastroenterol Hepatol 27(5), 2012  
Hepatol Int 6(2),2012

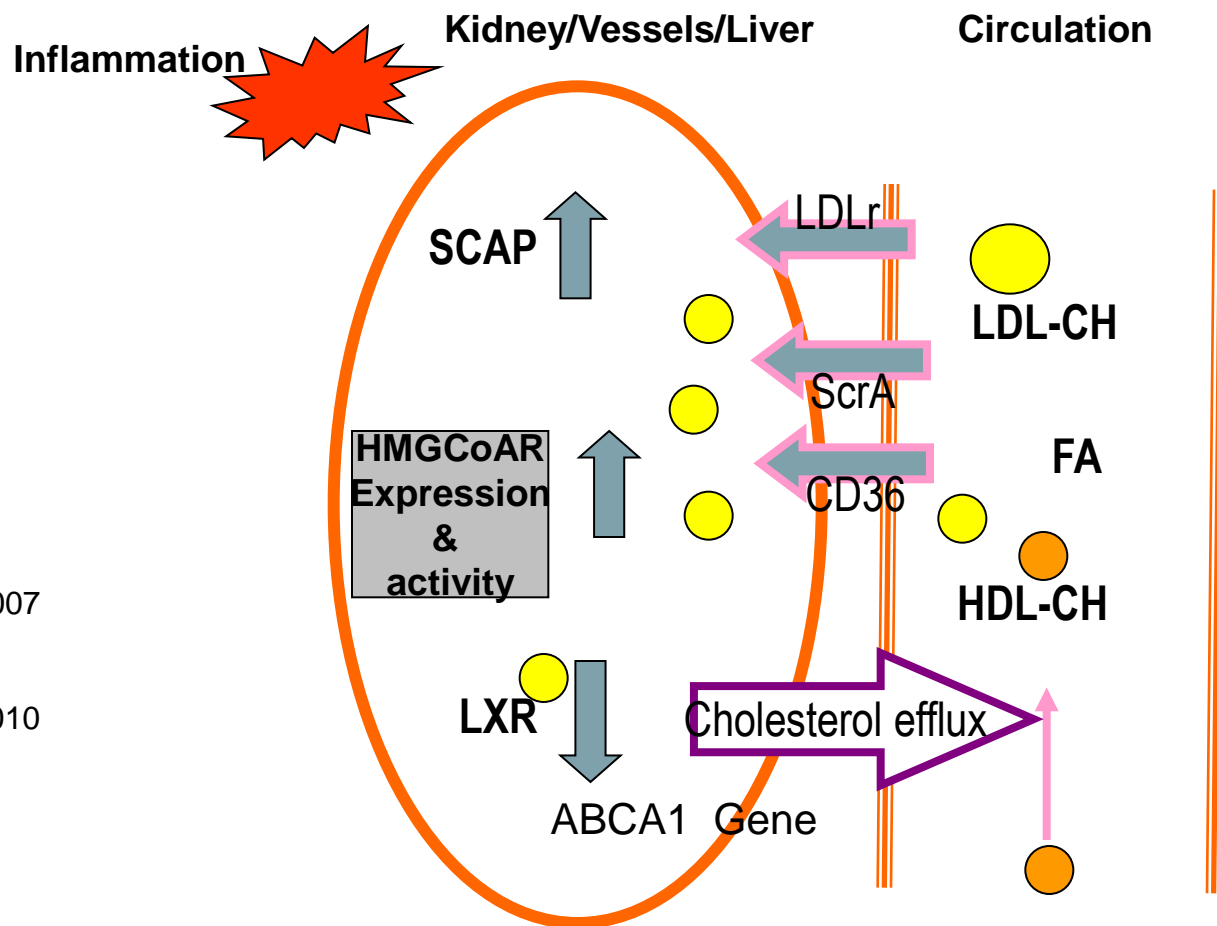
Kidne Int 56(suppl), 1999  
Kidney Intl 56(2), 1999  
Kidney Int 60(5), 2001  
Kidney Int 67(3), 2005  
Kidney Int 69 (9):2006  
Kidney Int 74 (4), 2008  
Kidney Int.78(8): 2010

J Am Soc Nephrol 14(3), 593-600, 2003

Am J Physiol Renal Physiol 293(3), 2007  
Am J Physiol Heart Circ Physiol 292(6),2007  
Am J Physiol Renal Physiol 289(1), 2005  
Am J Physiol Renal Physiol 294(5), 2008  
Am J Physiol Heart Circ Physiol 298(6), 2010  
Am J Physiol Renal Physiol 301(4), 2011  
Am J Physiol Renal Physiol 301(1), 2011

Nephrol Dial Transplant 13(6), 1998  
Nephrol Dial Transplant 18 (1), 2003  
Nephrol Dial Transplant 23 (6), 2008

Arterioscler Thromb Vasc Biol 26(5), 2006  
Arterioscler Thromb Vasc Biol , 2014



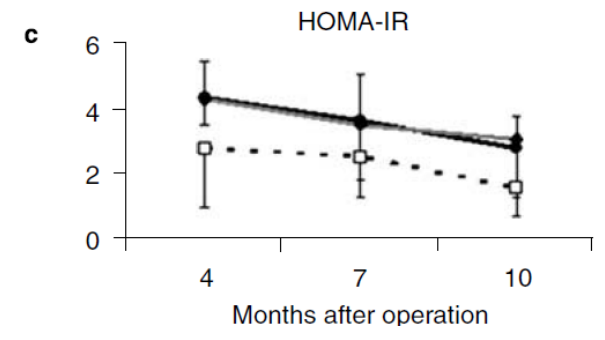
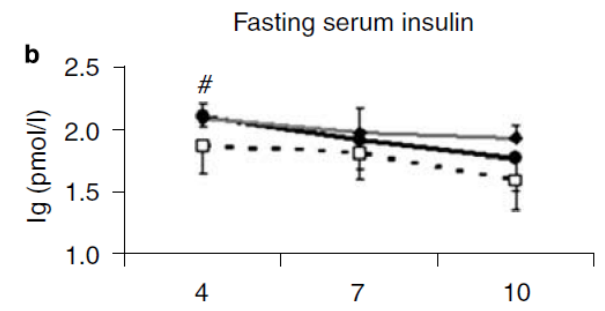
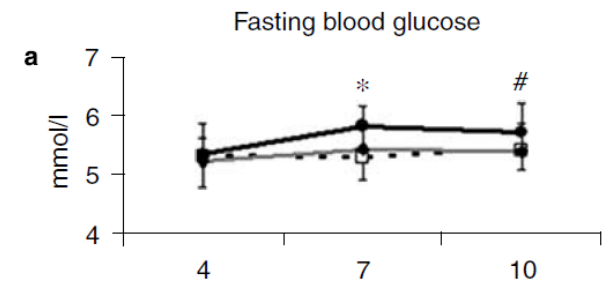
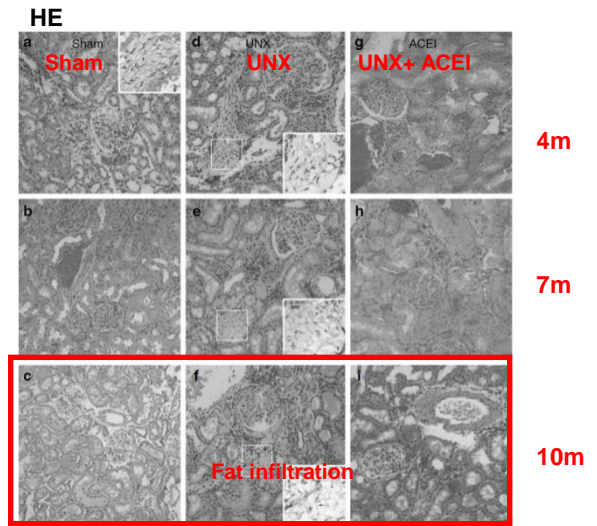
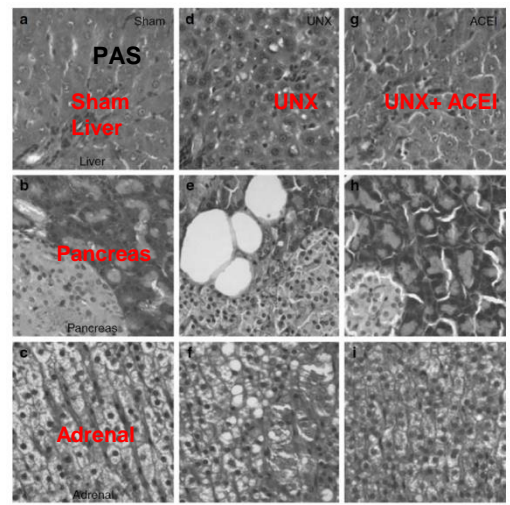
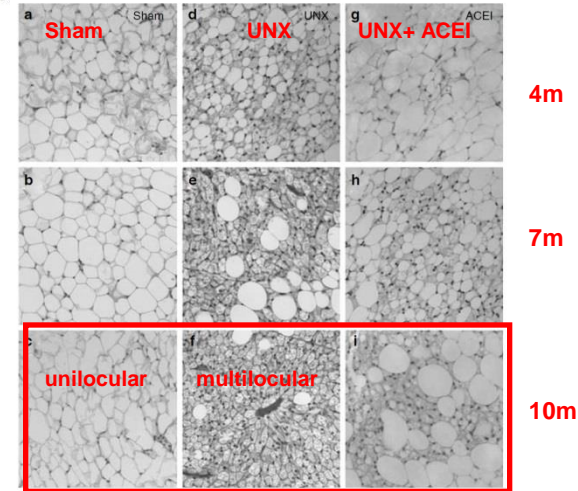
Ruan et al **Nature Review Nephrology** 2009;

see commentary on page 407

## Fat redistribution and adipocyte transformation in uninephrectomized rats

Hai-Lu Zhao<sup>1,5</sup>, Yi Sui<sup>1,5</sup>, Jing Guan<sup>1</sup>, Lan He<sup>1</sup>, Xun Zhu<sup>1</sup>, Rong-Rong Fan<sup>1</sup>, Gang Xu<sup>1</sup>, Alice P.S. Kong<sup>1</sup>, Chung Shun Ho<sup>2</sup>, Fernand M.M. Lai<sup>3</sup>, Dewi K. Rowlands<sup>4</sup>, Juliana C.N. Chan<sup>1</sup> and Peter C.Y. Tong<sup>1</sup>

<sup>1</sup>Department of Medicine and Therapeutics, The Chinese University of Hong Kong, Hong Kong SAR, China; <sup>2</sup>Department of Chemical Pathology, The Chinese University of Hong Kong, Hong Kong SAR, China; <sup>3</sup>Department of Anatomical and Cellular Pathology, The Chinese University of Hong Kong, Hong Kong SAR, China and <sup>4</sup>Laboratory Animal Services Centre, The Chinese University of Hong Kong, Hong Kong SAR, China





- Cholesterol Sensor SCAP overexpression
- abnormal translocation from ER to Gogi



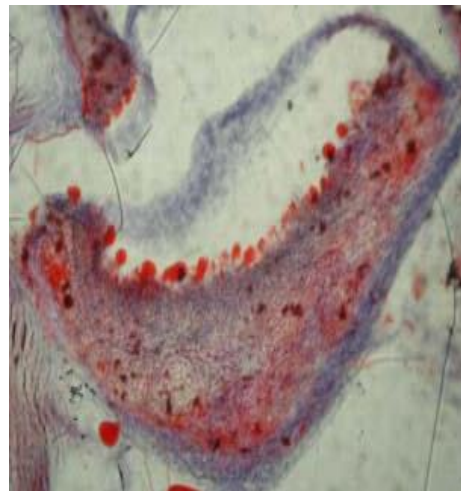
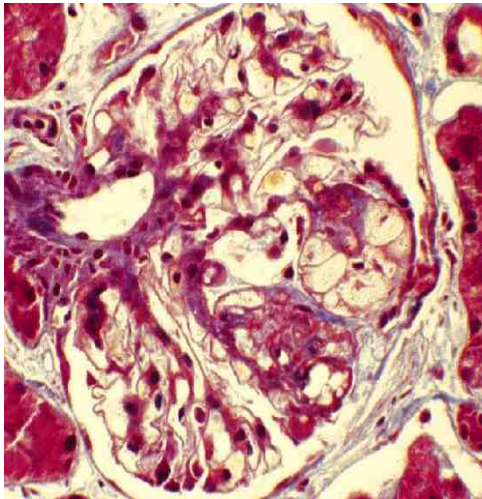
*Kidney International, Vol. 60 (2001), pp. 2037-2038*

EDITORIAL

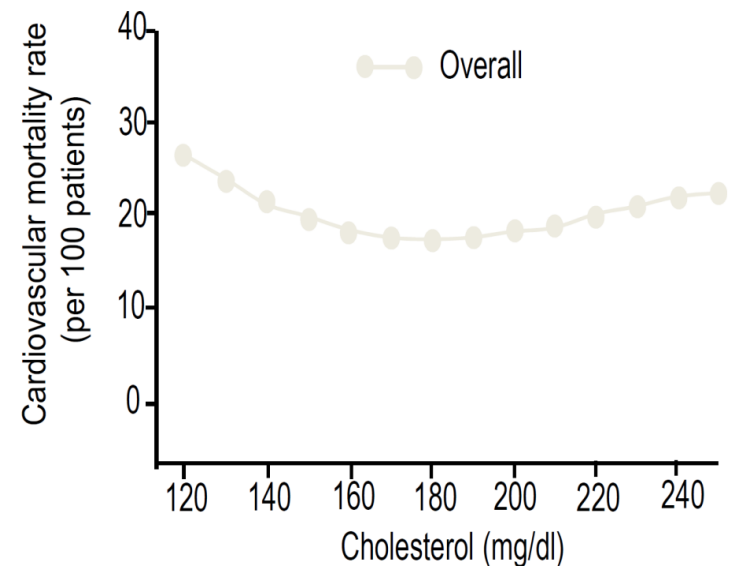
Mesangial cells defy LDL receptor paradigm

## LDL redistribution from circulation to tissues

### Lipid accumulation in tissues

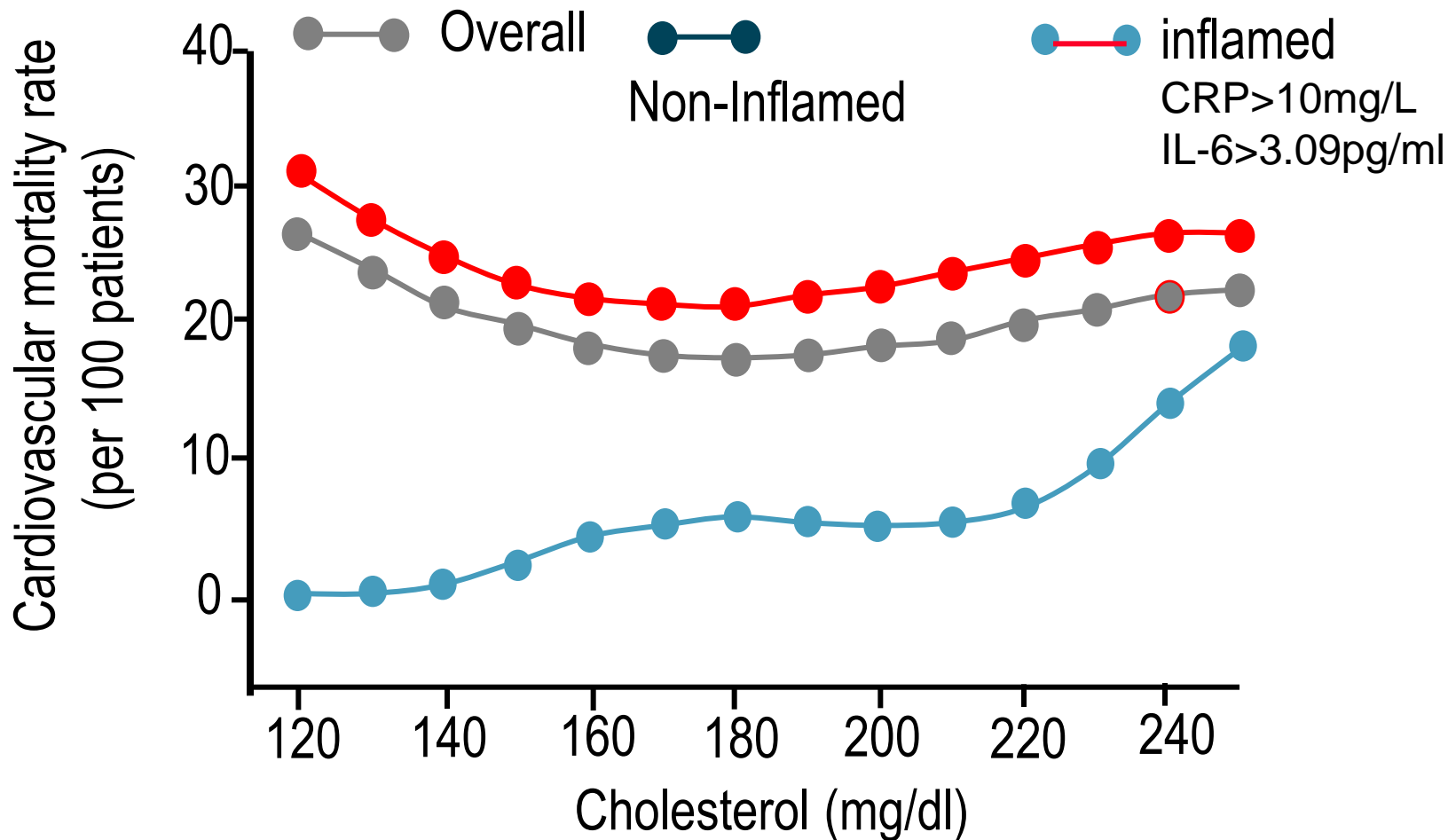


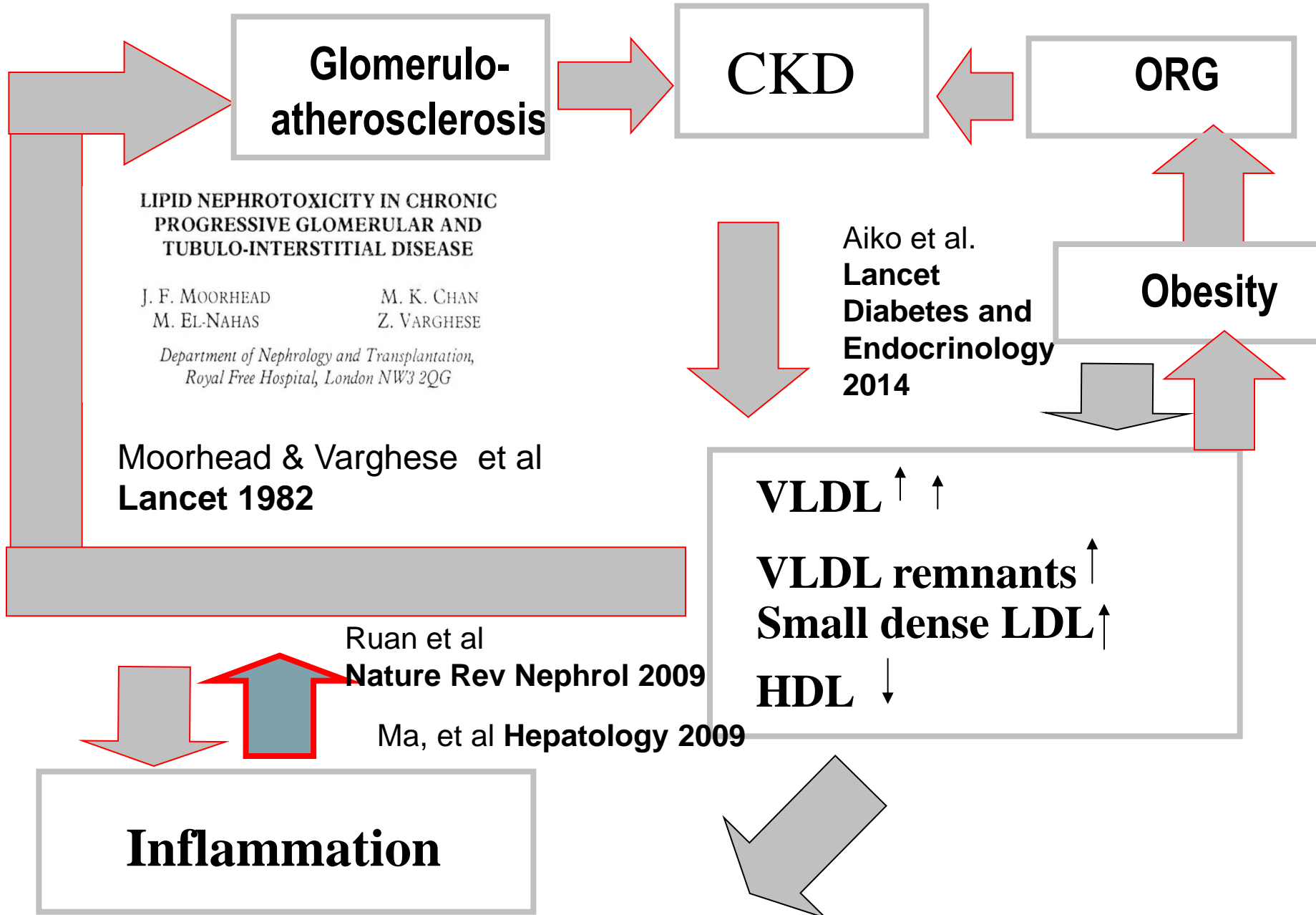
### lower LDL cholesterol levels





# Inflammation distorts the relationship between blood cholesterol and CV mortality







# Obesity-related Glomerulopathy Renal Biopsy Series 1986-2000

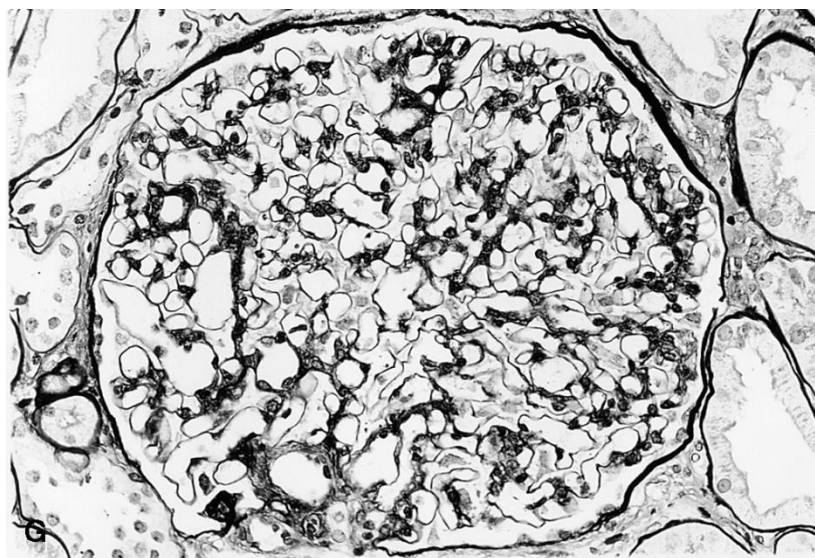
- Entry Criteria:  
BMI>30 and biopsy findings of :
  - FSGS with glomerulomegaly(O-FSGS) or
  - Glomerulomegaly alone (O-GM)
- Exclusion Criteria:
  - any other underlying conditions that could cause secondary FSGS(HIV, solitary kidney, sickle cell disease, renal dysplasia, reflux, etc.), diabetic nephropathy and hypertensive nephrosclerosis





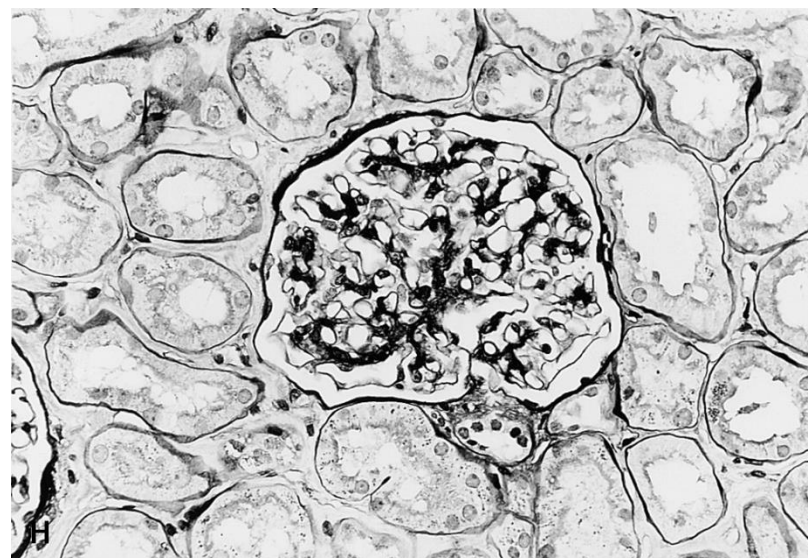
# Obesity-related Glomerulopathy

ORG



Mean 226um

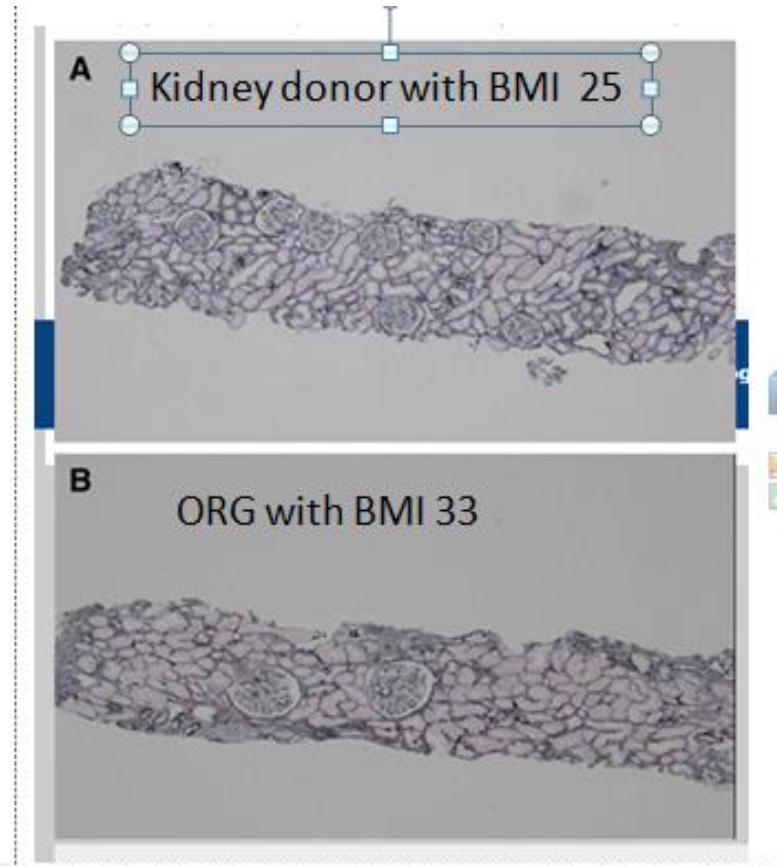
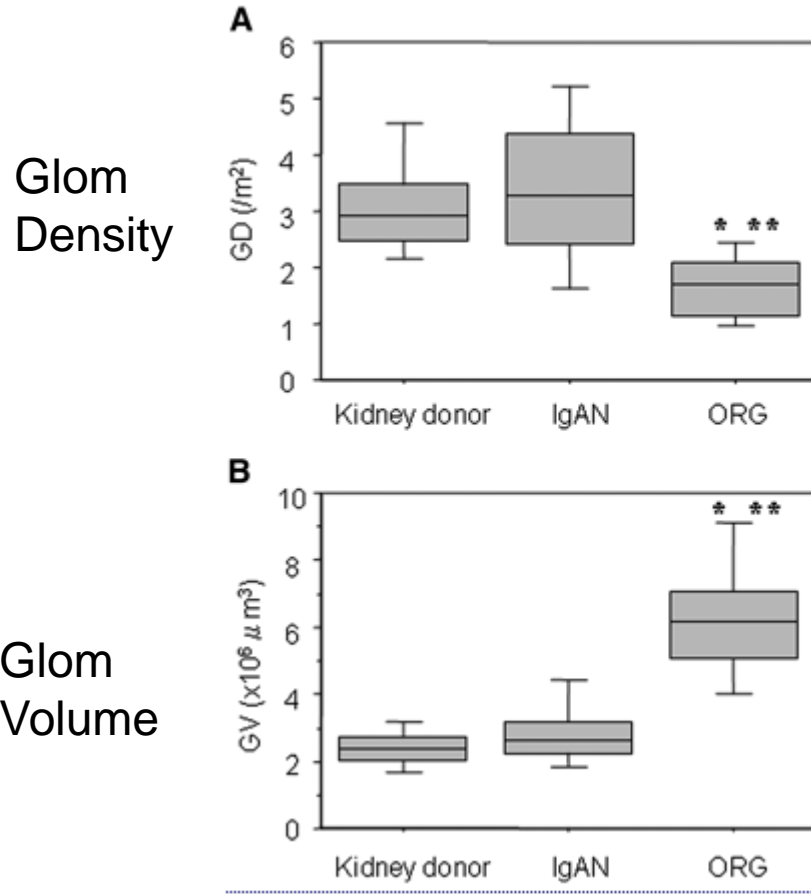
Age-matched control



Mean 168um



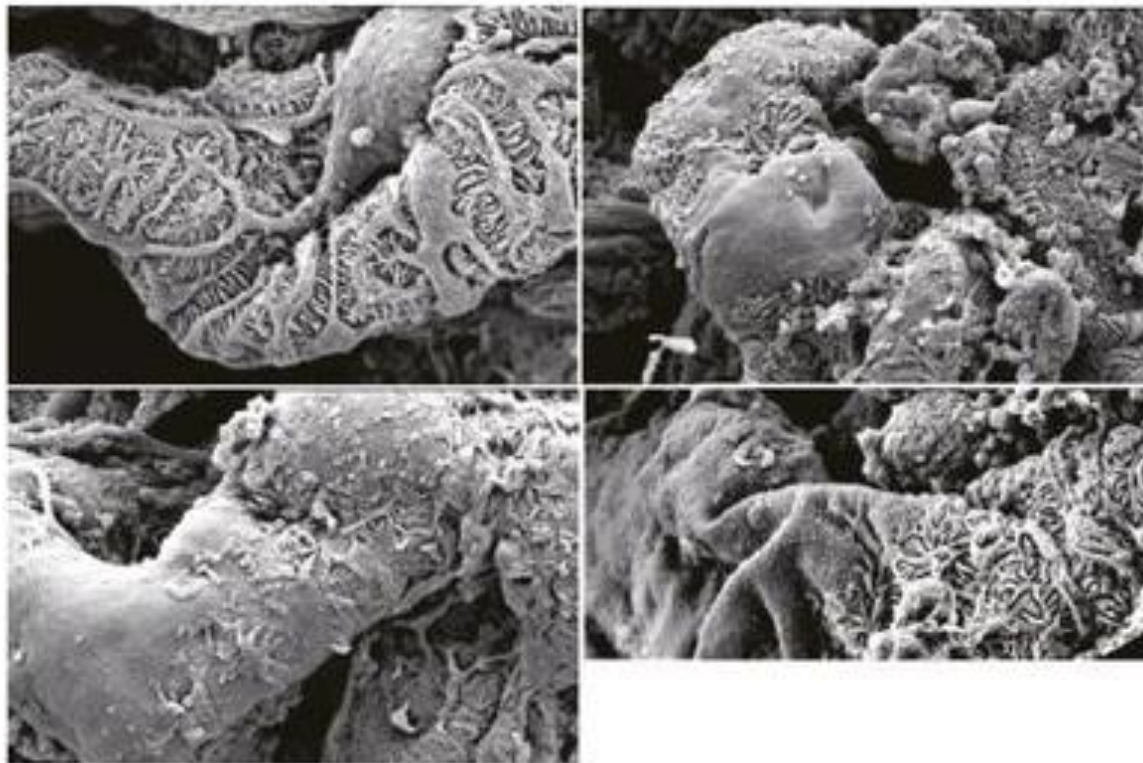
Low glomerular density with glomerulomegaly in obesity-related glomerulopathy.





## Podocyte changes in rat model of obesity-induced FSGS

Failure of podocyte to match glomerular tuft growth in response to growth signaling can trigger FSGS



Scanning EM: areas of intact foot processes and foci of podocyte depletion



- Obesity associates with dyslipidemia, causing metabolic inflammatory stress;
- CD36 plays important role in mediating inflammatory stress by forming complex with TLR4
- Inflammation causes lipid redistribution, indicating that absolute plasma cholesterol level is not good indicator for risk assessment;

**No cholesterol levels are safe if CRP is high**



# Acknowledgments

## Renal-oriented Lipid Research (Moorhead Trust):

### UCL-China Lipid Research Network



#### •UCL-CQMU Centre for Lipid Research (active)

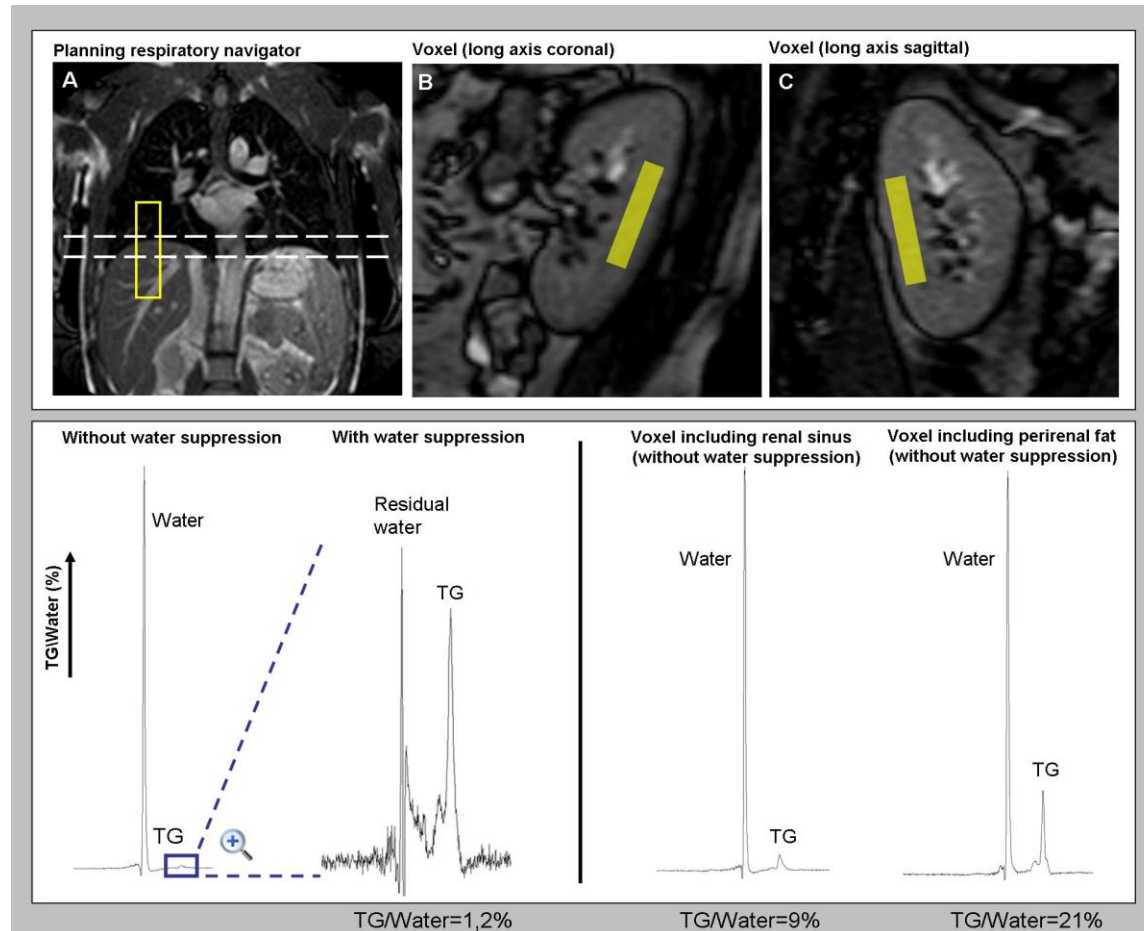
- Founded in 2006
- Designated as A Key Laboratory of MOE and A Joint Laboratory for Lipid Res in UCL-CQMU
- 1 Metabolic disease animal centre (12 transgenic lines on breeding)
- 5 Lipid Research Collaboration Groups cross China (16 UCL Fellows trained in RF)
- ISLT2006, 2009, and 2012.
- 54 papers joint published since 2006

#### •More (under discussion)

- Genetic study/Biobank/Inflammation/Renal Physiology
- Chinese Society of Renal Physiology: ISN Forefront symposium 2015
- International Hospital (Royal Free)

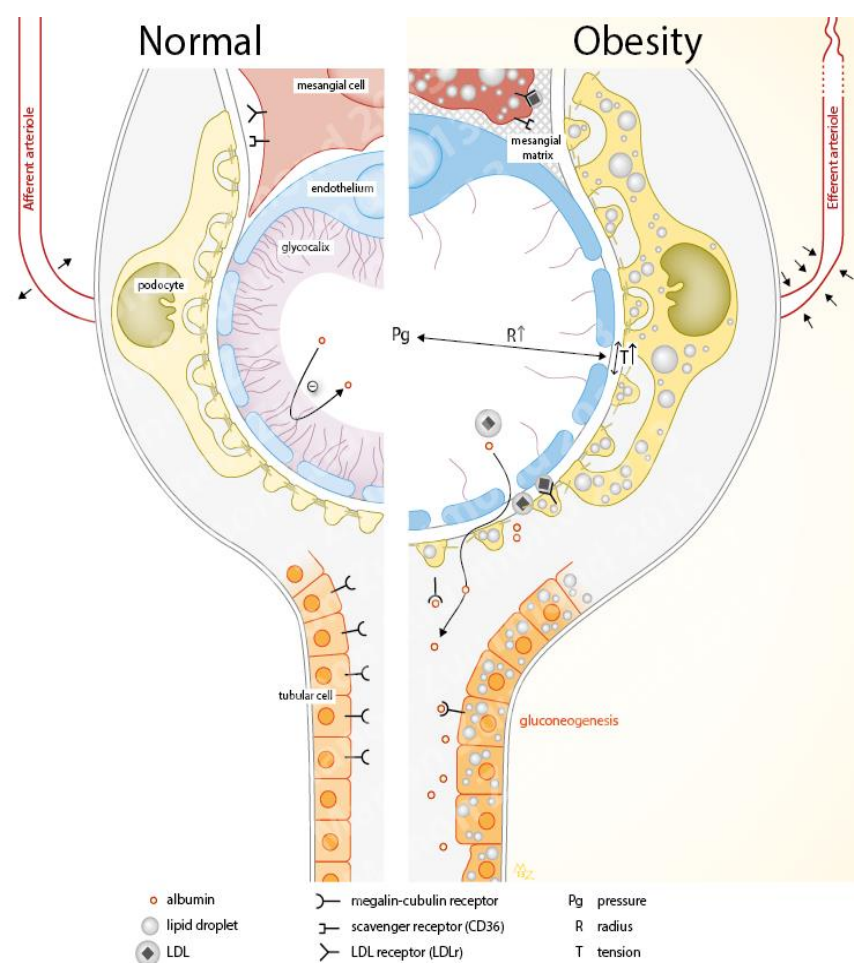
### Grants

UK: Kidney Research UK, Moorhead Trust; China: 973 (3) , NSFC programme grants (2)



Hammer S. PloS one 2013;8(4):e62209.  
Rutledge JC. Nat Rev Nephrol 2010;6(6):361-370.

# Lipid nephrotoxicity: mechanisms?

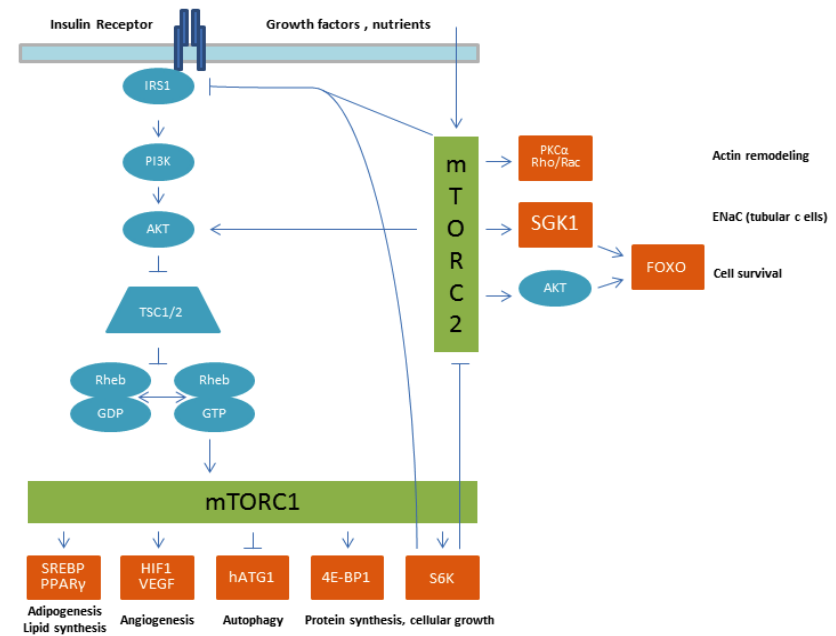


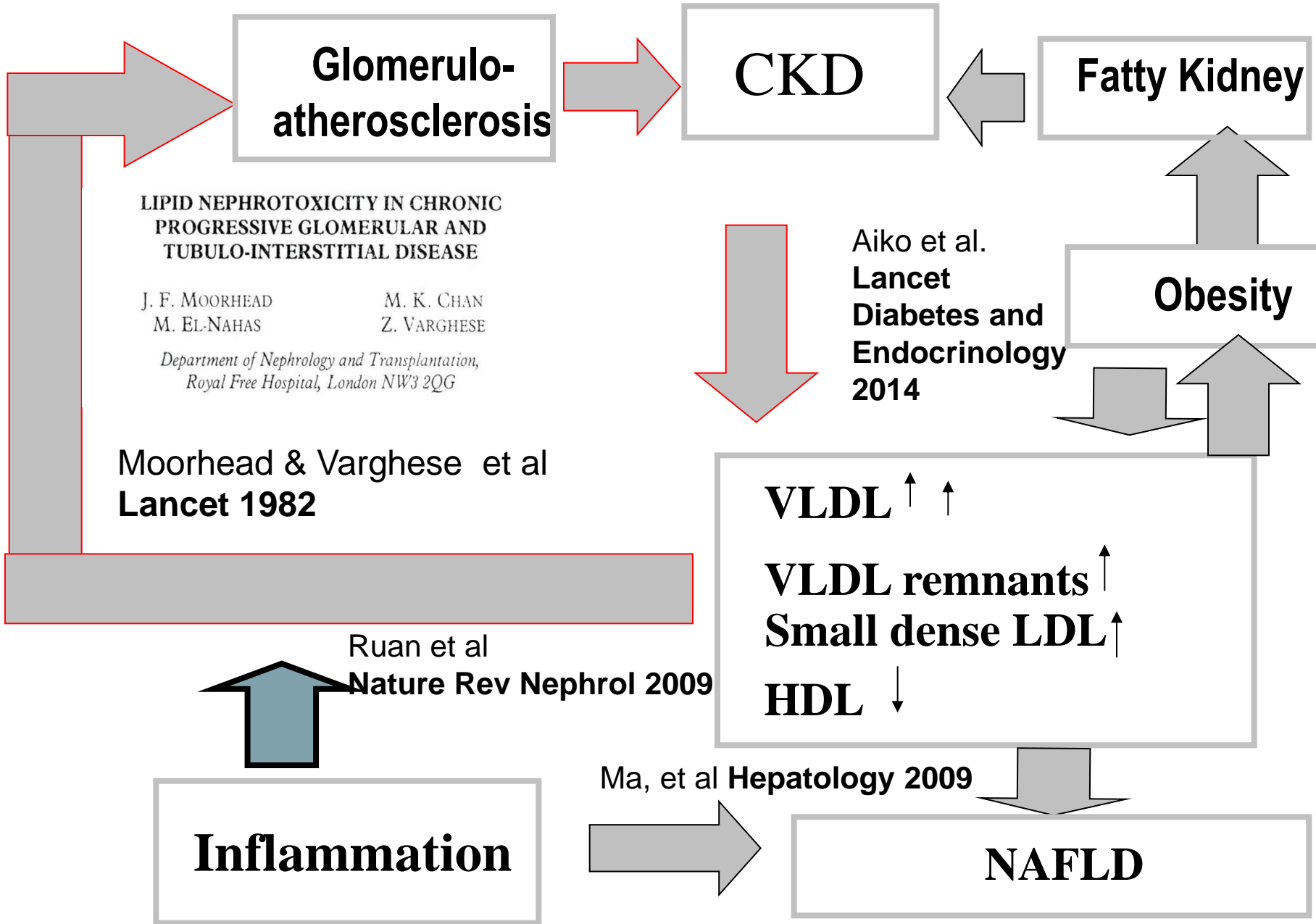
## Fatty kidney: emerging role of ectopic lipid in obesity-related renal disease

Aiko P J de Vries, Piero Ruggenenti, Xiong Z Ruan, Manuel Praga, Josep M Cruzado, Ingeborg M Bajema, Vivette D D'Agati, Hilda J Lamb, Drazenka Pangraz, Barlovic, Radovan Hojs, Manuela Abbate, Rosa Rodriguez, Carl Erik Mogensen, Esteban Porrini, for the ERA-EDTA Working Group/Diabetesity

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*Lancet Diabetes Endocrinol* 2014; 2: 412-26  
 Department of Nephrology (A P J de Vries MD), Department of Pathology (M Bajema MD), and Department of Radiology (H Lamb MD), Leiden University Medical Center and Leiden University, Leiden, Netherlands; IRCC—Istituto di Ricovero e Cura a Carattere Scientifico “Mario Negri”, Clinical Research Center for Rare Diseases “Mito e cella Daccor”.





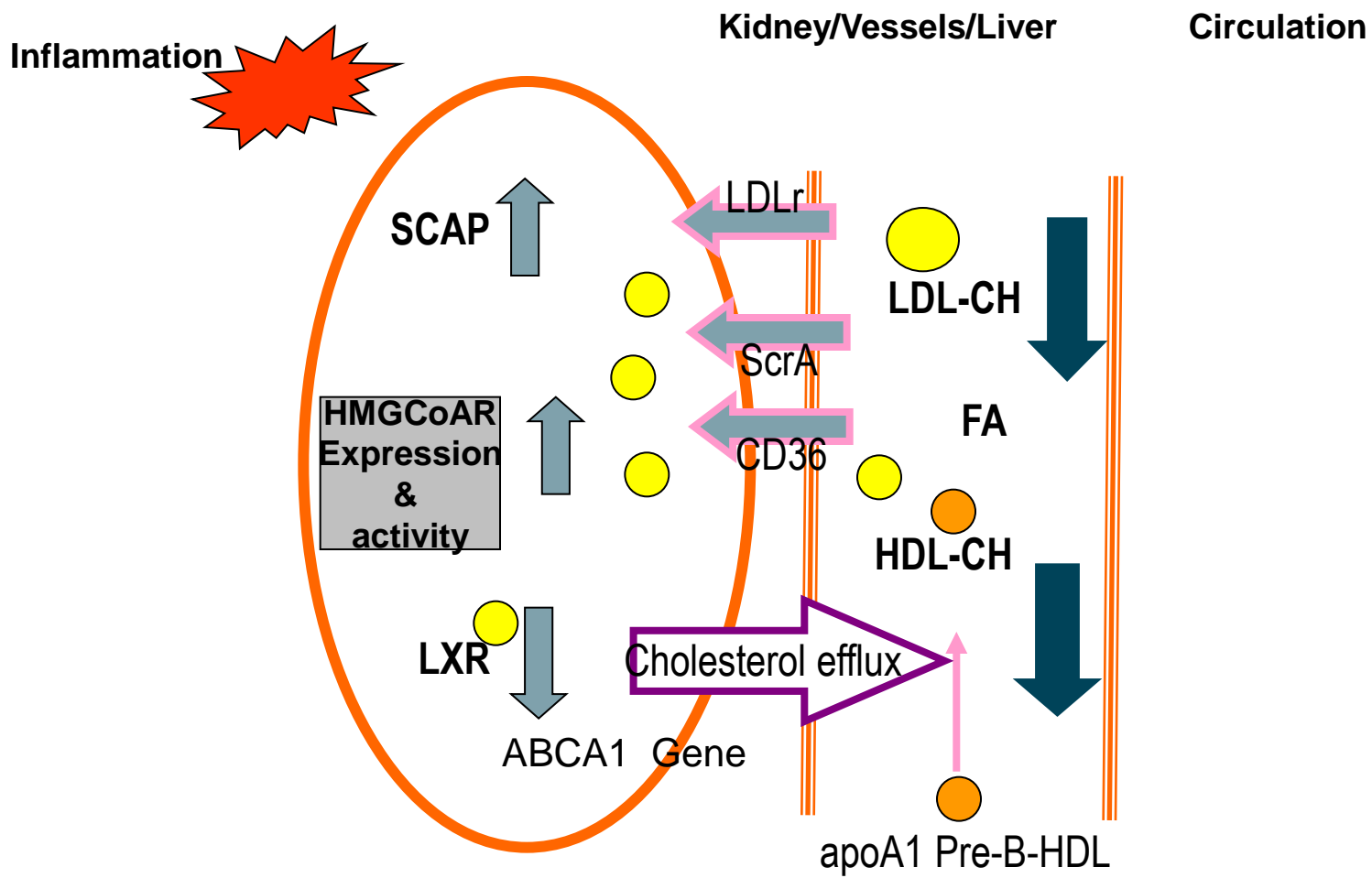


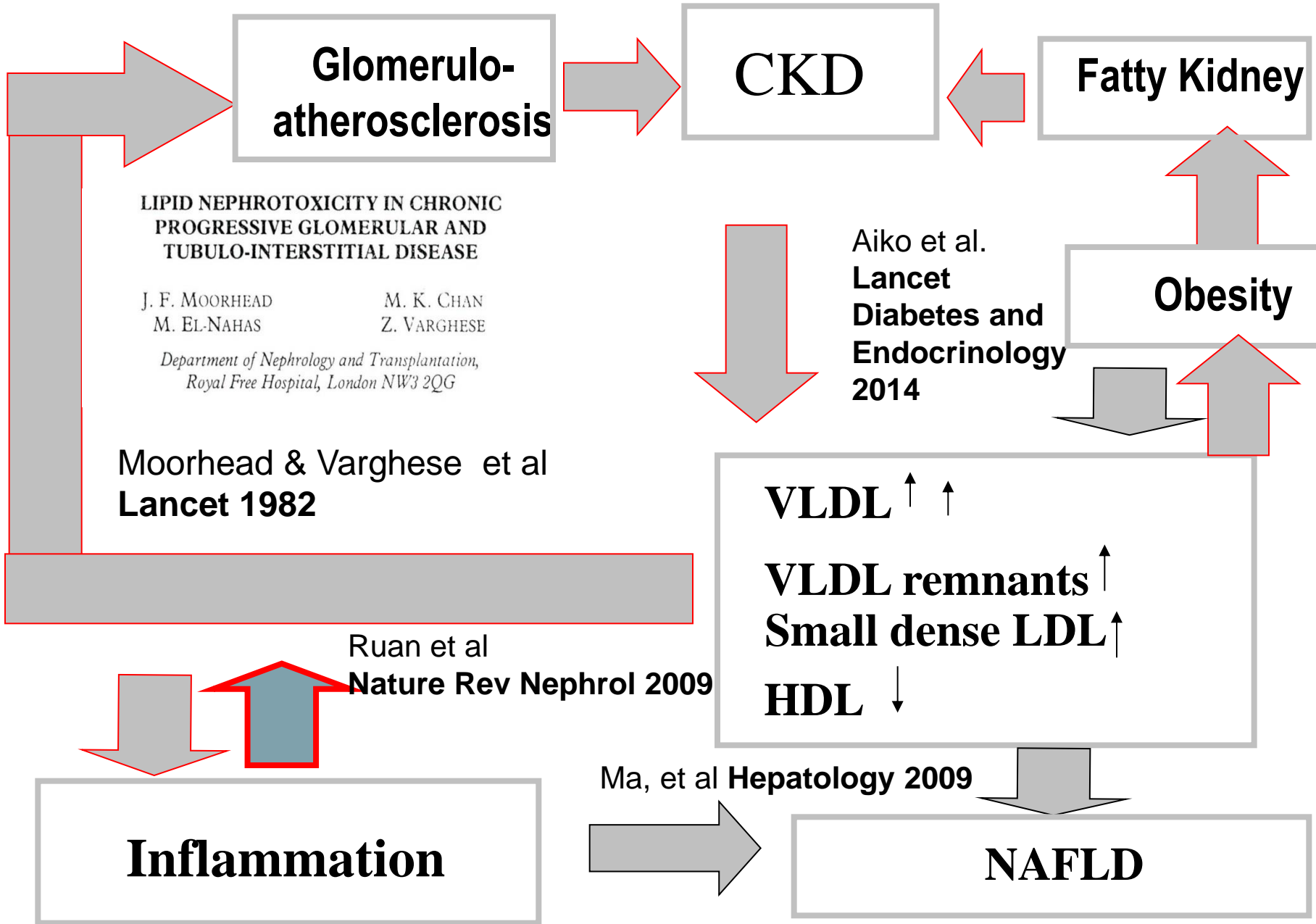




## Inflammatory stress causes cholesterol redistribution:

(300 publications since 1982)





# Insights from Gene Expression Profiles of the Glomeruli Derived from Renal Biopsy Samples

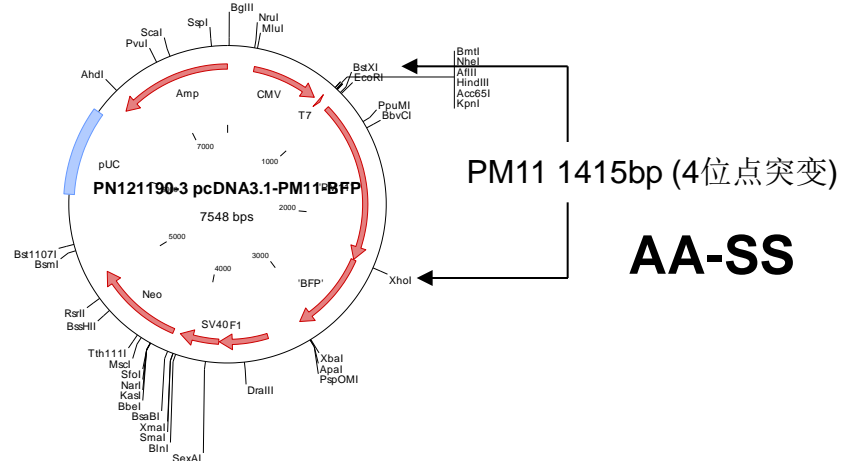
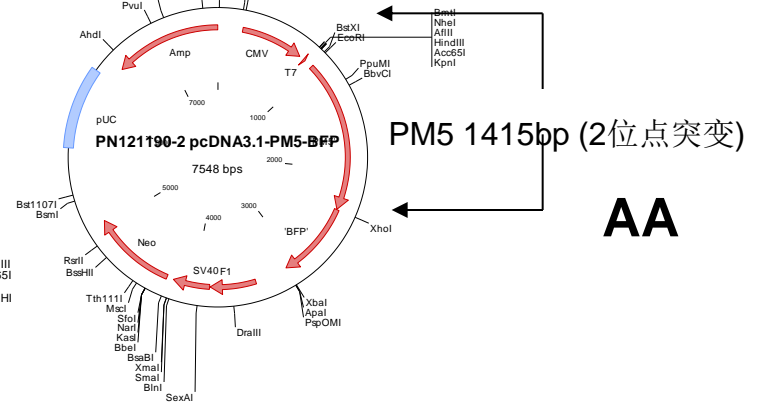
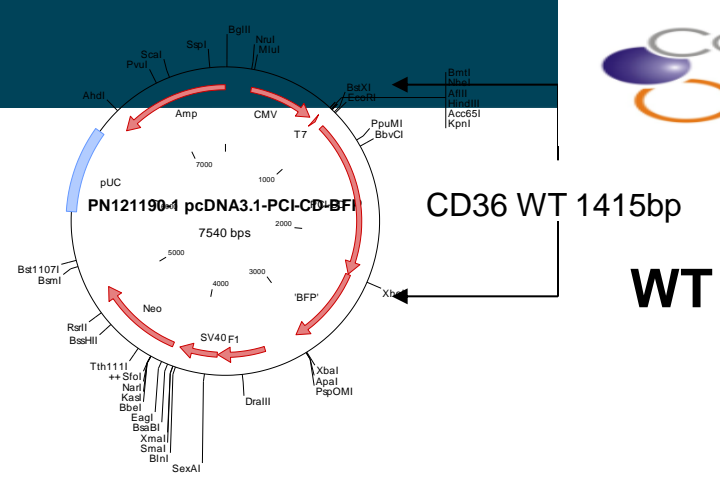
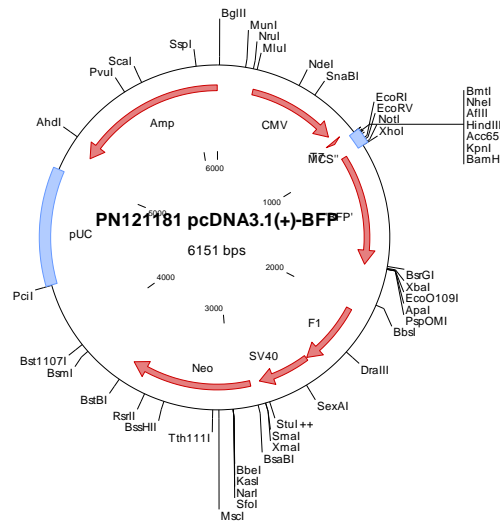
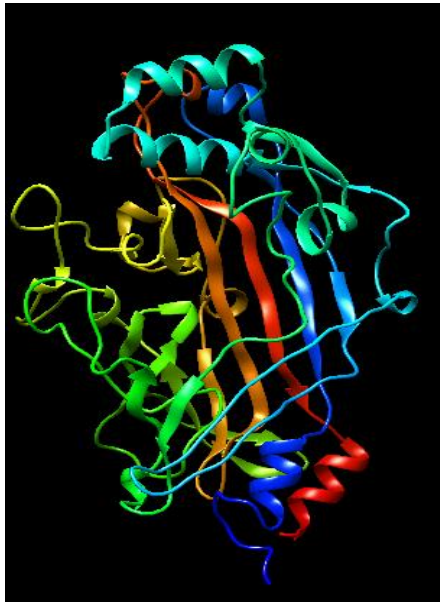
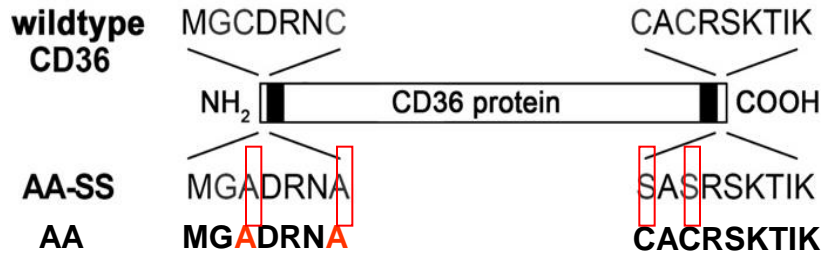
TABLE 4. The top decreased genes in the glomeruli of ORG patients compared with controls (>2-fold;  $P < 0.01$ )

Accession no.	Fold <sup>1</sup>	Gene name	Function
NM_000596	-2.12	IGF-binding protein 1	Insulin function
AB028973	-3.56	Myelin transcription factor 1	Transcription factor
D13891	-2.98	Inhibitor of DNA binding 2	Transcription factor
NM_003453	-2.85	Zinc finger protein 198	Transcription factor
BC002704	-4.21	Signal transducer and activator of transcription 1	Signal transduction
AF040752	-2.06	G protein-coupled receptor kinase 6	Signal transduction
NM_001827	-3.18	CDC28 protein kinase 2	Cell cycle
NM_002048	-2.01	Growth arrest-specific 1	Cell cycle
NM_001621	-3.91	Aryl hydrocarbon receptor	Apoptosis process
NM_003816	-2.34	A disintegrin and metalloproteinase domain 9	Membrane protein
BC000687	-2.62	Translocation associated membrane protein 1	Membrane protein
U48734	-4.32	Non-muscle alpha-actinin	Cytoskeleton molecule
NM_003174	-2.13	Supervillin	Cytoskeleton molecule
BC000914	-4.65	Splicing factor, arginine/serine-rich 3	mRNA splicing
NM_003020	-2.34	Secretory granule, neuroendocrine protein 1	Enzyme activator
NM_000942	-2.98	Peptidylprolyl isomerase B	Protein folding

<sup>1</sup>Ratio of average expression level (normalized data) in glomeruli from the controls compared with that from the ORG patients. The minus sign represents down-regulation of the genes.



# CD36及棕榈酰化突变荧光载体的构建





## Etiologic Classification of FSGS

I. Primary (Idiopathic) FSGS    Secondary to putative permeability factor

## II. Secondary FSGS

### Familial/Genetic

Mutations in  $\alpha$ -actin4  
Mutations in podocin  
Mutations in nephrin  
Mutations in TRPC6

### Virus-Associated

HIV-1 ("HIV-associated nephropathy")  
Parvovirus B-19

### Drug-Induced

Heroin ("Heroin nephropathy")  
Interferon  
Lithium  
Pamidronate  
Anabolics



Mediated by Adaptive  
Structural-Functional Responses

### Reduced renal mass

Oligomeganephronia  
Unilateral renal agenesis  
Renal dysplasia  
Low birth weight  
Sequelae to cortical necrosis  
Surgical renal ablation  
Reflux Nephropathy  
Any advanced renal disease with reduction  
In functioning nephrons

### Initially normal renal mass

Hypertension  
Atheroembolism or other acute vaso-occlusive  
processes  
**Obesity**  
Cyanotic congenital heart disease  
Sickle cell anemia



## Relationship between body weight and glomerular volume

